

INTROIT Psalm 90: 15, 16

Invocábit me, et ego exáudiam eum: erípiam eum, et gloriíficábo eum: longitúdine diérum adimplébo eum. (Ps 90:1) Qui hábitat in adjutório Altíssimi, in protectióne Dei cæli commorábitur. V. Glória Patri et Fílio et Spíritui Sancto, sicut erat in princípío, et nunc, et semper, et in sæcula sæculórum. Amen. Invocábit me, et ego exáudiam eum: erípiam eum, et gloriíficábo eum: longitúdine diérum adimplébo eum.

COLLECT

Deus, qui Ecclésiám tuam ánnua quadragesimáli observatióne purificas: præsta familiæ tuæ; ut, quod a te obtinére abstínendo nítitur, hoc bonis opéribus exsequátur. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

EPISTLE 2 Corinthians 6: 1-10

Fratres: Exhortámur vos, ne in vácuum grátiam Dei recipiátis. Ait enim: Témptore accépto exaudívi te, et in die salutis adjúvi te. Ecce nunc tempus acceptábile, ecce nunc dies salutis. Némini dantes ullam offensióne, ut non vituperétur ministérium nostrum: sed in ómnibus exhibeámus nosmetípso sicut Dei míistros, in multa paciéntia, in tribulatióne, in necessitatibus, in angústis, in plagis, in carcéribus, in seditiõibus, in labóribus, in vigíliis, in jejúniis, in castitáte, in sciéntia, in longanimitáte, in suavitate, in Spíritui Sancto, in caritate non ficta, in verbo veritátis, in virtúte Dei, per arma justitiæ a dextris et a sinístris: per glóriam et ignobilitatem: per infámiam et bonam famam: ut seductóres, et veráces: sicut qui ignóti, et cónniti: quasi moriéntes, et ecce vivimus: ut castigáti, et non mortificáti: quasi tristes, semper autem gaudéntes: sicut egéntes, multos autem locupletántes: tamquam nihil habéntes et ómnia possidéntes.

GRADUAL Psalm 90: 11, 12

Ángelis suis Deus mandávit de te, ut custódiat te in ómnibus viis tuis. V. In má nibus portábunt te, ne umquam offéndas ad lápidem pedem tuum.

TRACT Psalm 90: 1-7, 11-16

Qui hábitat in adjutório Altíssimi, in protectióne Dei cæli commorábitur. V. Dicit Dómino: Suscéptor meus es tu et refúgium meum: Deus meus, sperábo in eum. V. Quóniam ipse liberávit me de láqueo venántium, et a verbo áspero. V. Scápolis suis obumbrábit tibi, et sub pennis ejus sperábis. V. Scuto circúmdabit te véritas ejus: non timébis a timóre noctúrno. V. A sagítta volánte per diem, a negótio perambulánte in ténebris, a ruína et dæmónio meridiáno. V. Cadent a látere tuo mille, et decem mília a dextris tuis: tibi autem non appropinquábit. V. Quóniam Angelis suis mandávit de te, ut custódiat te in ómnibus viis tuis. V. In má nibus portábunt te, ne umquam offéndas ad lápidem pedem tuum, V. Super áspidem et basilíscum ambulábis, et conculcábis leónem et dracónem. V. Quóniam in me sperávit, liberábo eum: prótegam eum, quóniam cognóvit nomen meum, V. Invocábit me, et ego exáudiam eum: cum ipso sum in tribulatióne, V. Erípiam eum et gloriíficábo eum: longitúdine diérum adimplébo eum, et osténdam illi salutáre meum.

GOSPEL Matthew 4: 1-11

In illo témpore: Ductus est Jesus in desértum a Spíritui, ut tentarétur a diábolo. Et cum jejúnasset quadraginta diébus et quadraginta nóctibus, póstea esúriit. Et accédens tentátor, dixit ei: Si Fílius Dei es, dic ut lápides isti panes fiant. Qui respóndens, dixit: Scriptum est: Non in solo pane vivit homo, sed in omni verbo, quod procedit de ore Dei. Tunc assúmpsit eum diábolus in sanctam civitátem, et státuit eum super pinnáculum templi, et dixit ei: Si Fílius Dei es, mitte te deórsum. Scriptum est enim: Quia Angelis suis mandávit de te, et in má nibus tollent te, ne forte offéndas ad lápidem pedem tuum. Ait illi Jesus: Rursum scriptum est: Non tentábis Dóminum Deum tuum. Iterum assúmpsit eum diábolus in montem excelsum valde: et osténdit ei ómnia regna mundi, et glóriam eórum, et dixit ei: Hæc ómnia tibi dabo, si cadens adoráveris me. Tunc dicit ei Jesus: Vade, Sátana; scriptum est enim: Dóminum Deum tuum, adorábis, et illi soli sérvies. Tunc relíquit eum diábolus: et ecce Angeli accessérunt et ministrábant ei.

OFFERTORY Psalm 90: 4, 5

Scápolis suis obumbrábit tibi Dóminus, et sub pennis ejus sperábis: scuto circúmdabit te véritas ejus.

SECRET

Sacrificium quadragesimális iníitii solémniter immolámus, te, Dómine, deprecántes: ut, cum epulárum restrictióne carnálium, a nóxiis quoque voluptátibus temperémus. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

PREFACE OF LENT

Vere dignum et iustum est, æquum et salutáre nos tibi semper et ubique grátias ágere: Dómine pater omnipotens, ætérne Deus: Qui corporáli jejúnio vítia cóprimis, mentem élevas, virtútem largiris et præmia: per Christum Dóminum nostrum, per quem majestátem tuam tremunt Potestátes. Cæli cælórúmque Virtútes ac beáta Séraphim sócia exultatióne concélebrant. Cum quibus et nostras voces ut admítti júbeas, deprecámur, súpplíci confessióne dicéntes:

COMMUNION Psalm 90: 4, 5

Scápolis suis obumbrábit tibi Dóminus, et sub pennis ejus sperábis: scuto circúmdabit te véritas ejus.

POSTCOMMUNION

Tui nos, Dómine, sacraménti libátio sancta restáuret: et a vetustáte purgátos, in mystérii salutáris fáciat transírre consórtium. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

He shall cry to me, and I will hear him: I will deliver him, and I will glorify him: I will fill him with length of days. (Psalm 90: 1) He that dwelleth in the aid of the Most High shall abide under the protection of the God of Heaven. v. Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. He shall cry to me, and I will hear him: I will deliver him, and I will glorify him: I will fill him with length of days.

O God, who dost purify Thy Church by the yearly observance of forty days; grant to Thy household that what we strive to obtain from Thee by self denial, we may secure by good works. Through our Lord, Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

Brethren: We exhort you that you receive not the grace of God in vain. For He saith: In an accepted time have I heard thee, and in the day of salvation have I helped thee. Behold, now is the acceptable time, behold now is the day of salvation. Giving no offense to any man, that our ministry be not blamed: but in all things let us exhibit ourselves as the ministers of God, in much patience, in tribulation, in necessities, in distress, in stripes, in prisons, in seditions, in labors, in watchings, in fastings, in chastity, in knowledge, in long-suffering, in sweetness, in the Holy Spirit, in charity unfeigned, in the word of truth, in the power of God: by the armor of justice on the right hand and on the left: by honor and dishonor, by evil report and good report: as deceivers and yet true, as unknown and yet known: as dying, and behold we live: as chastised and not killed: as sorrowful, yet always rejoicing: as needy, yet enriching many: as having nothing and possessing all things.

God hath given His angels charge over thee to keep thee in all thy ways. V. In their hands they shall bear thee up, lest thou dash thy foot against a stone.

He that dwelleth in the aid of the most High shall abide under the protection of the God of heaven. V. He shall say to the Lord: Thou art my protector and my refuge: my God, in Him will I trust. V. For He hath delivered me from the snare of the hunters, and from the sharp word. V. He will overshadow thee with His shoulders, and under His wings thou shalt trust. V. His truth shall compass thee with a shield: thou shalt not be afraid of the terror of the night. V. Of the arrow that flieth in the day, of the business that walketh about in the dark, of invasion or of the noonday devil. V. A thousand shall fall at thy side, and ten thousand at thy right hand: but it shall not come nigh thee. . For He hath given His angels charge over thee, to keep thee in all thy ways. V. In their hands they shall bear thee up, lest thou dash thy foot against a stone. V. Thou shalt walk upon the asp and the basilisk, and thou shalt trample under foot the lion and the dragon. V. Because he hoped in Me I will deliver him: I will protect him, because he hath known My name. V. He shall cry to Me, and I will hear him: I am with him in tribulation. V. I will deliver him, and I will glorify him: I will fill him with length of days, and I will show him My salvation.

At that time Jesus was led by the Spirit into the desert, to be tempted by the devil. And when He had fasted forty days and forty nights, afterwards He was hungry. And the tempter coming said to him: 'If Thou be the Son of God, command that these stones be made bread.' Who answered and said: 'It is written: Not in bread alone doth man live, but in every word that proceedeth from the mouth of God.' Then the devil took Him up into the holy city and set Him upon the pinnacle of the temple, and said to Him: 'If Thou be the Son of God, cast Thyself down. For it is written: That He hath given His angels charge over Thee, and in their hands shall they bear Thee up, lest perhaps Thou dash Thy foot against a stone.' Jesus said to him: 'It is written again: Thou shalt not tempt the Lord Thy God.' Again the devil took Him up into a very high mountain and showed Him all the kingdoms of the world and the glory of them, and said to Him: 'All these will I give Thee, if falling down Thou wilt adore me.' Then Jesus saith to him: 'Begone, Satan! For it is written: The Lord thy God shalt thou adore, and Him only shalt thou serve.' Then the devil left Him: and behold angels came, and ministered to Him.

The Lord will overshadow thee with His shoulders, and under His wings thou shalt trust: His truth shall compass thee with a shield.

We solemnly offer Thee, O Lord, the sacrifice of the beginning of Lent, beseeching Thee, that by refraining from carnal feasts, we may learn to avoid sinful pleasures. Through our Lord Jesus Christ Thy Son. Who liveth and reigneth with Thee in the unity of the Holy Spirit, God, forever and ever.

It is truly fitting and just, proper and beneficial, that we should always and everywhere, give thanks unto Thee, holy Lord, Father almighty, everlasting God. Who by this bodily fast, dost curb our vices, dost lift up our minds and bestow on us strength and rewards through Christ our Lord. Through whom the Angels praise Thy majesty, the Dominations adore, the Powers tremble: the heavens and the hosts of heaven, and the blessed Seraphim, together celebrate in exultation. With whom, we pray Thee, command that our voices of supplication also be admitted in confessing Thee saying:

The Lord will overshadow thee with His shoulders, and under His wings thou shalt trust: His truth shall compass thee with a shield.

May the holy partaking of Thy sacrament, restore us, O Lord, and cleansing us from our old life, make us to pass into the fellowship of the mystery of salvation. Through our Lord, Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.