

SEPTEMBER 15, SEVEN SORROWS OF THE BVM

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Popular devotion to the Sorrows of Our Blessed Lady, whom Holy Church invokes as Queen of Martyrs, led, in the Middle Ages, to the institution of several local festivals, such as that, still kept in some places, of Our Lady's Compassion. The devotion was fostered by the Holy Founders of the Servite Order who seem to have been the first to distinguish and enumerate the Seven Dolors. It has been raised by Pius X to the rank of a double of the second class.

Commemoration of St. Nicomedes, Martyr: St. Nicomedes, a Roman priest, was scourged to death in the persecution under Domitian, in the life-time of St. John the Evangelist. He suffered about the year 90.

[New User Guide](#)

AT THE FOOT OF THE ALTAR (Kneel)

P: **†** In nōmine Patris, et Filii, et Sp̄iritus Sancti. Amen.
P: Introibo ad altare Dei.
S: Ad Deum qui lātificat juventūtem meam.

(Psalm 42)

P: Jūdica me, Deus, et discerne causām meam de gente non sancta: ab hōminē iniquo et doloso érue me.

S: Quia tu es, Deus, fortitudo mea: quare me repulisti, et quare tristis incēdo, dum affligit me inimicus?

P: Emittē lucem tuam, et veritātem tuam: ipsa me deduxerunt, et adduxerunt in montem sanctum tuum, et in tabernácula tua.

S: Et introibo ad altare Dei: ad Deum qui lātificat juventūtem meam.

P: Confitebor tibi in cithara, Deus, Deus meus: quare tristis es, áнима mea, et quare contúrbas me?

S: Spera in Deo, quóniam adhuc confitébor illi: salutare vultus mei, et Deus meus.

P: Glória Patri, et Fílio, et Sp̄iritui Sancto.

S: Sicut erat in princípio, et nunc, et semper: et in sācula sāculorūm. Amen.

P: Introibo ad altare Dei.

S: Ad Deum qui lātificat juventūtem meam.

P: **†** Adjutorium nostrum in nōmine Dómini.

S: Qui fecit cælum et terram.

P: Confiteor Deo omnipoténti, bēatæ Mariae semper Vírgini, bēato Michaéli Archángelo, bēato Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et vobis fratres: quia peccavi nimis cogitatiōne, verbo, et ópere: mea culpa, mea culpa, mea máxima culpa. Ídeo precor bēatam Maríam semper Vírginem, bēatum Michaélem Archángelum, bēatum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et vos fratres, oráre pro me ad Dóminum Deum nostrum.

S: Misereártur tui omnípotens Deus, et dimissis peccatis tuis, perdúcat te ad vitam ætérnam.

P: Amen.

S: Confiteor Deo omnipoténti, bēatæ Mariae semper Vírgini, bēato Michaéli Archángelo, bēato Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et tibi pater: quia peccavi nimis cogitatiōne, verbo, et ópere: (**strike breast 3 times**) mea culpa, mea culpa, mea máxima culpa. Ídeo precor bēatam Maríam semper Vírginem, bēatum Michaélem Archángelum, bēatum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et vos fratres, oráre pro me ad Dóminum Deum nostrum.

P: Misereártur vestri omnípotens Deus, et dimissis peccatis vestris, perdúcat vos ad vitam ætérnam.

S: Amen.

P: **†** Indulgéntiam, absolutiōnem, et remissiōnem peccatórum nostrórum, tríbuit nobis omnípotens et miséricors Dóminus.

S: Amen.

P: Aufer a nobis, quæsumus, Dómine, iniquitatēs nostras: ut ad Sancta sanctórum puris mereámur méntibus introire. Per Christum Dóminum nostrum. Amen.

(Stand at High Mass)

INTROIT John 19: 25
Stabant juxta crucem Jesu mater ejus, et soror matris María Cléophæ, et Salomé, et María Magdaléne.

(John 19: 26, 27) Múller, ecce filius tuus: dixit Jesus; ad discípulum autem: Ecce mater tua. Glória Patri et Fílio et Sp̄iritui Sancto, sicut erat in principio, et nunc, et semper, et in sācula sāculorūm. Amen. Stabant juxta crucem Jesu mater ejus, et soror matris María Cléophæ, et Salomé, et María Magdaléne.

(Sit)

LESSON Judith 13: 22-25
Benedixit te Dóminus in virtute sua, quia per te ad níhilum redégit inimicūs nostros. Benedicta es tu fília a Dómino Deo excéso, præ ómnibus mulierib⁹ super terram. Benedictus Dómine, qui creávit cælum et terram: quia hodie nomen tuum ita magnificavit, ut non recédat laus tua de ore hōminum, qui mémores fúerint virtutis Dómini in ætérnum, pro quibus non pepercisti ánimæ tuæ propter angustias et tribulatiōnem generis tui, sed subvenísti ruínae ante conspéctum Dei nostri.

(Stand at High Mass)

GRADUAL
Dolorosa et lacrimabilis es, Virgo María, stans juxta crucem Dómini Jesu Fili⁹ tui Redemptoris. V. Virgo Dei Génitrix, quem totus non capit orbis, hoc crucis fert supplicium, auctor vitæ factus homo.

LESSER ALLELUIA
Alleluia, alleluia. Stabat sancta María, coeli Regína, et mundi Dómina, juxta crucem Dómini nostri Jesu Christi dolorosa.

(Sit)

AT THE CENTER OF THE ALTAR
P: Kýrie, éléison.

S: Kýrie, éléison.

P: Kýrie, éléison.

S: Kýrie, éléison.

P: Kýrie, éléison.

(Stand at High Mass)

(Only at High Mass when incense is used)
P: Ab illo benedicáris, in cuius honore cremáberis.

AT THE RIGHT SIDE OF THE ALTAR

INTROIT John 19: 25

Stabant juxta crucem Jesu mater ejus, et soror matris María Cléophæ, et Salomé, et María Magdaléne.

(John 19: 26, 27) Múller, ecce filius tuus: dixit Jesus; ad discípulum autem: Ecce mater tua. Glória Patri et Fílio et Sp̄iritui Sancto, sicut erat in principio, et nunc, et semper, et in sācula sāculorūm. Amen. Stabant juxta crucem Jesu mater ejus, et soror matris María Cléophæ, et Salomé, et María Magdaléne.

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LESSER ALLELUIA
Alleluia, alleluia. Stabat sancta María, coeli Regína, et mundi Dómina, juxta crucem Dómini nostri Jesu Christi dolorosa.

(Sit)

AT THE CENTER OF THE ALTAR
P: Lord, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

S: Christ, have mercy.

P: Christ, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

(Stand at High Mass)

(Only at High Mass when incense is used)
P: Be blessed by Him in Whose honor you will be burnt.

AT THE RIGHT SIDE OF THE ALTAR

INTROIT John 19: 25

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(John 19: 26, 27) Múller, ecce filius tuus: dixit Jesus; ad discípulum autem: Ecce mater tua. Glória Patri et Fílio et Sp̄iritui Sancto, sicut erat in principio, et nunc, et semper, et in sācula sāculorūm. Amen. Stabant juxta crucem Jesu mater ejus, et soror matris María Cléophæ, et Salomé, et María Magdaléne.

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Alleluia, alleluia. Stabat sancta María, coeli Regína, et mundi Dómina, juxta crucem Dómini nostri Jesu Christi dolorosa.

(Sit)

AT THE CENTER OF THE ALTAR
P: Lord, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

S: Christ, have mercy.

P: Christ, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

(Stand at High Mass)

(Only at High Mass when incense is used)
P: Be blessed by Him in Whose honor you will be burnt.

AT THE RIGHT SIDE OF THE ALTAR

INTROIT John 19: 25

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(John 19: 26, 27) Múller, ecce filius tuus: dixit Jesus; ad discípulum autem: Ecce mater tua. Glória Patri et Fílio et Sp̄iritui Sancto, sicut erat in principio, et nunc, et semper, et in sācula sāculorūm. Amen. Stabant juxta crucem Jesu mater ejus, et soror matris María Cléophæ, et Salomé, et María Magdaléne.

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Alleluia, alleluia. Stabat sancta María, coeli Regína, et mundi Dómina, juxta crucem Dómini nostri Jesu Christi dolorosa.

(Sit)

AT THE CENTER OF THE ALTAR
P: Lord, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

S: Christ, have mercy.

P: Christ, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

(Stand at High Mass)

(Only at High Mass when incense is used)
P: Be blessed by Him in Whose honor you will be burnt.

AT THE RIGHT SIDE OF THE ALTAR

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(John 19: 26, 27) Múller, ecce filius tuus: dixit Jesus; ad discípulum autem: Ecce mater tua. Glória Patri et Fílio et Sp̄iritui Sancto, sicut erat in principio, et nunc, et semper, et in sācula sāculorūm. Amen. Stabant juxta crucem Jesu mater ejus, et soror matris María Cléophæ, et Salomé, et María Magdaléne.

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(Stand at High Mass)

GRADUAL
Dolorosa et lacrimabilis es, Virgo María, stans juxta crucem Dómini Jesu Fili⁹ tui Redemptoris. V

SEQUENCE

1. Stabat Mater dolorosa
Juxta Crucem lacrimosa,
Dum pendebat Filius.
2. Cujus animam gementem,
Constristatam et dolentem
Pertransivit gladius.
3. O quam tristis et afflita
Fuit illa benedicta
Mater Unigeniti!
4. Quae mærabat et dolébat,
Pia Mater, dum vidébat
Nati pœnas incliti.
5. Quis est homo, qui non fleret,
Matrem Christi si vidéret
In tanto supplicio?
6. Quis non posset contristari,
Christi Matrem contemplari
Dolentem cum Filio?
7. Pro peccatis suæ gentis
Vidit Jesum in tormentis
Et flagellis subditum.
8. Vidit suum dulcem
Natum Moriéndo desolatum,
Dum emisit spíritum.
9. Eja, Mater, fons amoris,
Me sentire vim doloris
Fac, ut tecum lúgeam.
10. Fac, ut árdeat cor meum
In amando Christum Deum,
Ut sibi compláceam.
11. Sancta Mater, istud agas,
Crucifixi fige plagas
Cordi meo válida.
12. Tui Nati vulneráti,
Tam dignáti pro me pati,
Pœnas mecum dívide.
13. Fac me tecum pie flere,
Crucifíco condolére,
Donec ego vixeró.
14. Juxta Crucem tecum stare
Et me tibi sociáre
In planctu desídero.
15. Virgo virginum præclára.
Mihi jam non sis amára:
Fac me tecum plángere.
16. Fac, ut portem Christi mortem,
Passiónis fac consórtem
Et plagas recólere.
17. Fac me plágis vulnerári,
Fac me Cruce inebríari
Et crúore Filii.
18. Flammis ne urar succénsus,
Per te, Virgo, sim defénsus
In die judicíi.
19. Christe, cum sit hinc exire.
Da per Matrem me veníre
Ad palmam victoriæ.
20. Quando corpus moriétur,
Fac, ut animæ donétur
Paradisi glória. Amen.

AT THE CENTER OF THE ALTAR (Only at High Mass when incense is used)

P: Ab illo benedicáris, in cuius honore
cremáberis.

P: Munda cor meum ac lábia mea,
omnipotens Deus, qui lábia Isaiae
Prophétæ cálcido mundásti ignito: ita
me tua grata miseratione dignáre
mundare, ut sanctum Evangélium tuum
digne valem nuntiare. Per Christum
Dóminum nostrum. Amen.

P: Jube, Dómine, benédicere.
Dóminus sit in corde meo, et in lábiis
meis: ut digne et competenter
annuntiem Evangélium suum. Amen.

AT THE LEFT SIDE OF THE ALTAR (Stand)

P: Dóminus vobiscum.

S: Et cum spíitu tuo.

P: Seqüentia sancti Evangélii
secundum Matthæum.

S: Glória tibi, Dómine.

GOSPEL John 19: 25-27

In illo tempore: Stabant juxta Crucem
Iesu Mater ejus, et soror Matris ejus,
María Cléophæ, et María Magdaléne.
Cum vidisset ergo Jesus Matrem, et
discipulum stantem, quem diligebat,
dicit Matri suæ: Múlier, ecce filius
tuus. Deinde dicit discípulo: Ecce
Mater tua. Et ex illa hora accépit eam
discipulus in sua.

S: Laus tibi, Christe.

P: Per evangélica dicta deleántur
nostra delicta.

AT THE CENTER OF THE ALTAR

Credo in unum Deum. Patrem
omnipoténtem, factórem cæli et
terræ, visibilium ómnium et
invisibilium. Et in unum Dóminum
Jesum Christum, Fílium Dei
unigénitum. Et ex Patre natum ante
ómnia sǽcula. Deum de Deo, lumen
de lúmine, Deum verum de Deo vero.
Génitum, non factum,
consubstantiale Patri: per quem
ómnia facta sunt. Qui propter nos
hómines, et propter nostram salutem
descéndit de cælis. (Genuflect) ET
INCARNÁTUS EST DE SPIRITU
SANCTO EX MARÍA VÍRGINE: ET
HOMO FACTUS EST. Crucifixus
étiam pro nobis: sub Póntio Pilátio
passus, et sepultus est. Et resurréxit
térlia die, secundum Scripturas. Et
ascéndit in cælum: sedet ad
dexteram Patris. Et iterum venturus
est cum glória judicáre vivos, et
mortuos: cujus regni non erit finis. Et
in Spíritu Sanctum, Dóminum et
vivificátem: qui ex Patre, et Fílio simul
adorátur et conglorificátur: qui locútus
est per Prophétas. Et unam, sanctam,
cathólicam et apostólicam Ecclésiam.
Confiteor unum baptísma in
remissiónem peccatórum. Et expécto
resurrectiónem mortuórum. † Et vitam
venturi sǽculi. Amen.

P: Dóminus vobiscum.

S: Et cum spíitu tuo.

P: Orémus.

(Sit)

OFFERTORY

Recordáre, Virgo Mater Dei, dum
stérteris in conspéctu Dómini, ut
loquáris pro nobis bona et ut avérat
indignaciónem suam a nobis.

P: Súscipe, sancte Pater, omnípotens
ætérne Deus, hanc immaculátam
hóstiam, quam ego indígnus fámulus
tuus ófero tibi, Deo meo vivo et vero,
pro innumerabílibus peccátis, et
offensióibus, et negligéntiis meis, et
pro ómnibus circumstántibus, sed et
pro ómnibus fidélibus christiánis vivis
atque defúnctis: ut mihi, et illis proficiat
ad salutem in vitam ætérnam. Amen.

AT THE CENTER OF THE ALTAR

P: Offérimus tibi, Dómine, cálicem
salutáris tuam deprecántes
cleméntiam: ut in conspéctu divínæ
majestatis tuæ, pro nostra, et totius
mundi saluté cum odore suavitatis
ascéndat. Amen. In spíitu humilitatis,
et in ánimo contrito suscipiámur a te,
Dómine, et sic fiat sacrificium nostrum
in conspéctu tuo hódie, ut pláceat tibi,
Dómine Deus. Veni, sanctificátor
omnipoténter Deus: et bénedic
Paradisi glória. Amen.

(Only at High Mass when incense is used)

P: Per intercessiónem beáti Michælis
Archángeli, stantis a dextris altaris
incénsi, et ómnium electórum suórum,
incénsum istud dignéatur Dóminus
benédicere, et in odórem suavitatis
accipere. Per Christum Dóminum
nostrum. Amen.

P: Incénsum istud a te benedictum,
ascéndat ad te, Dómine, et descéndat
super nos misericordia tua.

P: Dirigátur, Dómine, orátió mea, sicut
incénsum, in conspéctu tuo: elevatio
mánuum meárum sacrificium
vespertinum. Pone, Dómine,
custódiam ori meo, et óstium
circumstántiæ lábí mei: ut non
declínet cor meum in verba malitiae,
ad excusandas excusatíones in peccatis.

P: Accéndat in nobis Dóminus ignem
sui, et flamma æternæ caritatis.
Amen.

AT THE RIGHT SIDE OF THE ALTAR

P: Lavábo inter innocéntes manus
mías: et circumdábo altare tuum,
Dómine: Ut áudiam vocem laudis, et
enárrem unívéra mirabilis.

Dómine, diléxi decórem domus tuæ, et
locum habitationis gloriæ tuæ. Ne
perdas cum ímpiis, Deus, ániam
meam, et cum viris sanguinum vitam
meam: In quorum manib⁹ iniuitatæ
sunt: déxtera eórum repléta est
munéribus. Ego autem in innocéntia
mea ingrüssus sum: rédime me, et
miserere mei. Pes meus stetit in
dirécto: in ecclésiis benédicam te,
Dómine. Glória Patri, et Fílio, et
Spiritu Sancto. Sicut erat in principio,
et nunc, et semper: et in sǽcula sǽculórum. Amen.

AT THE CENTER OF THE ALTAR

P: Offérimus tibi, Dómine, cálicem
sacrificium de manib⁹ suæ
memoriæ, resurrecciónis, et
ascensionis Iesu Christi Dómini nostri:

et in honórem beátæ Maríæ semper
Vírginis, et beáti Joánnis Baptistæ, et
sanctórum Apostolorum Petri et Pauli,
et istórum, et omníbus fidélibus christiánis
vivis atque defúnctis: ut mihi, et illis proficiat
ad salutem in vitam ætérnam. Amen.

(Only at High Mass when incense is used)

P: Per intercessiónem beáti Michælis
Archángeli, who stands at the right hand
of all His elect, may the Lord deign
to bless this incense, and to receive it
as a sweet fragrance, through Christ
our Lord.

P: May this incense, blessed by Thee,
ascend to Thee, O Lord, and may Thy
mercy descend upon us.

P: Let my prayer be directed, O Lord,
as incense in Thy sight, the lifting up of
my hands as an evening sacrifice. Set
a watch, O Lord, before my mouth:
and a door round about my lips: that
my heart may not incline to evil words:
to make excuses in sins.

AT THE RIGHT SIDE OF THE ALTAR

P: O God, Who wonderfully formed the
dignity of human nature, and more
wonderfully restored it, grant us
through the mystery of this water and
wine, to be made participants of His

divinity, Who condescended to
become a partaker of our humanity,
Jesus Christ, Thy Son, our Lord, Who
with Thee, lives and reigns in the unity
of the Holy Spirit, God, forever and
ever. Amen.

(Only at High Mass when incense is used)

P: By the intercession of blessed
Michael the Archangel, who stands at
the right hand of the altar of incense,
and of all His elect, may the Lord deign
to bless this incense, and to receive it
as a sweet fragrance, through Christ
our Lord.

P: May this incense, blessed by Thee,
ascend to Thee, O Lord, and may Thy
mercy descend upon us.

P: Let my prayer be directed, O Lord,
as incense in Thy sight, the lifting up of
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a watch, O Lord, before my mouth:
and a door round about my lips: that
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to make excuses in sins.

AT THE CENTER OF THE ALTAR

I believe in one God, the Father
almighty, maker of heaven and earth,
and of all things visible and invisible.

And in one Lord, Jesus Christ, the
only-begotten Son of God. Born of the
Father before all ages. God of God,
light of light, true God of true God.

Begotten, not made, consubstantial
with the Father, by Whom all things
were made. Who for us men, and for
our salvation, came down from
heaven.

(Genuflect) AND WAS INCARNATE
BY THE HOLY SPIRIT, OF THE
VIRGIN MARY: AND WAS MADE
MAN. He was also crucified for us,
suffered under Pontius Pilate, and
was buried. And on the third day He
rose again, according to the

Scriptures. And he ascended into
heaven; He sits at the right hand of
the Father. And He shall come again
with glory to judge the living and the
dead. Of Whose kingdom there shall
be no end. And in the Holy Spirit, the
Lord and giver of life, Who proceeds
from the Father and the Son; Who
with the Father and the Son is adored
and glorified, Who spoke through the
Prophets. And in one, holy, Catholic
and apostolic Church. I confess one
baptism for the remission of sins. And
I expect the resurrection of the dead
and the life of the world to come.
Amen.

P: The Lord be with you.

S: And with your spirit.

P: Let us pray.

1. At the cross her station keeping,
Stood the mournful Mother weeping,
Close to Jesus to the last.

2. Through her heart, His sorrow
sharing, All his bitter anguish bearing,
Now at length the sword had pass'd.

3. Oh, how sad and sore distress'd
Was that Mother, highly blest Of the
sole-begotten One!

4. Christ above in torment hangs;
She beneath beholds the pangs of
her dying glorious Son.

5. Is there one who would not weep
Whelmi'd in miseries so deep Christ's
dear Mother to behold.

6. Can the human heart refrain
From partaking in her pain, in that
Mother's pain untold?

7. Bruis'd, derided, curs'd, defil'd,
She beheld her tender child: All with
bloody scourges rent.

8. For the sins of His own nation,
Saw Him hang in desolation, Till His
spirit forth He sent.

9. O thou Mother! Font of love!
Touch my spirit from above; Make my
heart with thine accord.

10. Make me feel as thou hast felt;
Make my soul to glow and melt With
the love of Christ our Lord.

11. Holy Mother! Pierce me through;
In my heart each wound renew Of my
Savior crucified.

12. Let me share with thee His pain,
Who for all my sins was slain, Who
for me in torments died.

13. Let me mingle tears with thee,
Mourning Him who mourned for me,
All the days that I may live.

14. By the cross with thee to stay,
There with thee to weep and pray, Is
all I ask of thee to give.

15. Virgin of all virgins best, Listen
to my fond request: Let me share thy
grief divine.

16. Let me, to my latest breath, in
my body bear the death Of that dying
Son of thine.

17. Wounded with His every wound,
steep my soul till it hath swoon'd In
His very blood away.

18. Be to me, O Virgin, nigh, Lest in
flames I burn and die, In His awful
Judgment day.

19. Christ, when Thou shalt call me
hence, Be Thy Mother my defense,
Be Thy cross my victory.

20. While my body here decays,
May my soul Thy goodness praise,
Safe in Paradise with Thee. Amen.

AT THE CENTER OF THE ALTAR (Only at High Mass when incense is used)

P: Be blessed by Him in Whose honor
you will be burnt.

P: Cleanse my heart and my lips, O
almighty God, Who cleansed the lips of
the Prophet Isaiah with a burning coal.
In Thy gracious mercy, deign so to
purify me, that I may worthily proclaim
Thy holy Gospel. Through Christ our
Lord. Amen.

P: Pray, Lord, a blessing. The Lord be
in my heart and on my lips that I may
worthily and fittingly proclaim His
Gospel. Amen.

AT THE LEFT SIDE OF THE ALTAR (Stand)

P: The Lord be with you.

S: And with your spirit.

P: The continuation of the holy Gospel
according to Matthew.

S: Glory to Thee, O Lord.

AT THE LEFT SIDE OF THE ALTAR (Stand)

P: The Lord be with you.

S: And with your spirit.

P: Let us pray.

(Sit)

Now there stood by the cross of
Jesus, his mother and his mother's
sister, Mary of Cleophas, and Mary
Magdalene. When Jesus therefore had
seen His mother and the disciple
standing whom He loved, He saith to
His mother: Woman, behold thy son.
After that, He saith to the disciple:
Behold thy mother. And from that
hour, the disciple took her to his own.

S: Praise to Thee, O Christ.

P: May our offenses be erased by the
words of the Gospel.

AT THE CENTER OF THE ALTAR

I believe in one God, the Father
almighty, maker of heaven and earth,
and of all things visible and invisible.

SECRET (silently)

Offérimus tibi preces et hóstias,
Dómine, Jesu Christe, humíliter
supplicáentes: ut, qui Transfixiónem
dulcissimi spíritus beatæ María Matris
tuæ prémibus recensémus; suo
suorúmque sub cruce Sanctórum,
consortium multiplicato piissimo
intervéntu, méritum mortis tuæ,
méritum cum beatís habeámus: Qui
vivis et regnas, cum Deo Patre in
unitate Spíritus Sancti, Deus, per
ómnia sǽcula sǽculorum.

SECRET (silently)

Súscipe, Dómine, múniera propítius
obláta: quæ majestati tuæ beáti
Nicomédis Mártiris comméndet
orátio. Per Dóminum nostrum Jesum
Christum, Fílium tuum, qui tecum vivit
et regnat in unitate Spíritus Sancti,
Deus,

(aloud, to conclude the Secret Prayer)

P: ...per ómnia sǽcula sǽculorum.

(Stand at High Mass)

S: Amen.

P: Dóminus vobíscum.

S: **Et cum spíitu tuo.**

P: Sursum corda.

S: **Hábemus ad Dóminum.**

P: Grátiás agámus Dómino Deo

nostro.

S: **Dignum et justum est.**

PREFACE OF THE BVM

Vere dignum et justum est, æquum et
salutáre, nos tibi semper et ubique
grátiás ágere: Dómine sancte, Pater
omnipotens, ætérne Deus: Et te in
Transfixiónē beatæ Mariæ semper
Vírginis collaudare, benedícere et
prædicare. Quæ et Unigénitum tuum
Sancti Spíritus obumbratióne
concépit: et, virginitatis glória
permanénte, lumen ætérnum mundo
effudit, Jesum Christum, Dóminum
nostrum. Per quem maiestatē tuam
laudant Ángeli, adorant
Dominatiónes, tremunt Potestátes.
Cæli cælorúmque Virtutes ac beáta
Séraphim sócia exultatióne
concélebrant. Cum quibus et nostrar
voces ut admitti júbeas, deprecámur,
súpplici confessióne dicéntes:

(Kneel)

P: Sanctus ☩, Sanctus ☩, Sanctus ☩,
Dóminus Deus Sábaoth. Pleni sunt
cæli et terra glória tua. Hosánna in
excélsis. † Benedíctus qui venit in
nómine Dómini. Hosánna in excélsis.

THE ROMAN CANON

(silently)

P: Te ígitur, clementissime Pater, per
Jesum Christum Fílium tuum,
Dóminum nostrum, súpplices rogámus,
ac pétimus uti accépta hábeas, et
benedícas, hæc dona, hæc múnera,
hæc sancta sacrificia illibata, in primis,
quæ tibi offérimus pro Ecclésia tua
sancta cathólica: quám pacificare,
custodire, adunáre, et régere dignérис:
toto orbe terrárum: una cum fámulo tuo
Papa nostro N., et Antistítote nostro N.,
et ómnibus orthodóxis, atque cathólicæ
et apostólicæ fidei cultóribus.

P: Meménto, Dómine, famulórum,
familiarúmque tuárum N., et N., et
ómnium circumstántium, quorum tibi
fides cógnita est, et nota devótio, pro
quibus tibi offérimus: vel qui tibi
ófferunt hoc sacrificium laudis, pro se,
suísque ómnibus: pro redemptiōne
animárum suárum, pro spe salútis et
incolumitatis suæ: tibique reddunt vota
sua ætérno Deo, vivo et vero.

P: Communicantes, et memóriam
venerantes, in primis gloriósae semper
Vírginis Mariæ, Genitricis Dei et
Dómini nostri Jesu Christi: sed et beáti
Joseph, ejúsdem Vírginis Sponsi, et
beatórum Apostolórum ac Mártirum
tuórum, Petri et Pauli, Andréa, Jacóbi,
Joánnis, Thomæ, Jacóbi, Philippi,
Bartholoméi, Matthæi, Simónis, et
Thaddæi: Lini, Cleti, Cleméntis, Xysti,
Cornelii, Cypriáni, Lauréntii,
Chrysogoni, Joánnis et Pauli, Cosmæ
et Damiáni, et ómnium Sanctórum
tuórum; quorum méritis precibúsque
concédas, ut in ómnibus protectiōnis
tuæ muniámur auxílio. Per eúndem
Christum Dóminum nostrum. Amen.

P: Hanc ígitur oblatiōnem servitútis
nostræ, sed et cunctæ familiæ tuæ,
quæsumus, Dómine, ut placátus
accípias: diésque nostros in tua pace
dispónas, atque ab ætérna damnatióne
nos éripi, et in electórum tuórum
júbeas grege numerári. Per Christum
Dóminum nostrum. Amen.

P: Quam oblatiōnem tu, Deus, in
ómnibus, quæsumus, benedictam,
adscriptam, ratam, rationábilem,
acceptabilémque fácere dignérис: ut
nobis Corpus, et Sanguis fiat

dilectissimi Fílli tui Dómini nostri Jesu
Christi.

P: Qui prídie quam paterétur, accépit
panem in sanctas, ac venerábiles
manus suas, et eleváti oculis in
cælum ad te Deum Patrem sum
omnipoténtem, tibi grátiás agens,
benedixit, fregit, deditque discípulis suis,
dicens:

Accípite, et bóbite ex eo omnes,
HIC EST ENIM CALIX SÁNGUINIS
MEI, NOVI ET AETÉRNI
TESTAMÉNTI: MYSTÉRIUM FÍDEI:
QUI PRO VOBIS ET PRO MULTIS
EFFUNDÉTUR IN REMISSIONEM
PECCATÓRUM.

Hæc quotescúmque feceritis, in mei
memoriā faciéatis.

P: Unde et mémores, Dómine, nos
servi tui, sed et plebs tua sancta,
ejúsdem Christi Fílli tui Dómini nostri
tam beatæ passiōnis, nec non et ab
íneris resurrectiōnis, sed et in cælos
gloriósæ ascensiōnis: offérimus

præclæræ majestati tuæ de tuis donis,
ac datis, hóstiam puram, hóstiam
sanctam, hóstiam immaculátam,
Panem sanctum vitæ ætérnæ, et
Cálicem salútis perpétuæ.

P: Supra quæ propítio ac seréno vultu
respícere dignérис; et accépta habére,
sicut accépta habrére dignátus es

múnera púeri tui justi Abel, et
sacrificium Patriarchæ nostri Ábrahæ:
et quod tibi óbtulit summus sacérdos
tuus Melchisédech, sanctum

sacrificium, immaculátam hóstiam.

P: Súpplices te rogámus, omnípotens
Deus: jube hæc perférri per manus

sanceti Ángeli tui in sublímē altáre tuum,

in conspéctu divinæ majestatis tuæ: ut
quotquot, ex hac altáris participatiōne

nosciatis, et a peccatiōne secúri.

Per eúndem Dominum nostrum Jesum
Christum Fílium tuum. Qui tecum vivit

et regnat in unitate Spíritus Sancti,
Deus, per ómnia sǽcula sǽculorum.

S: Amen.

P: Pax Dómini sit semper vobíscum.

S: **Et cum spíitu tuo.**

(Kneel at High Mass)

P: Hæc commixtio, et consecratiō
Córporis et Sanguinis Dómini nostri
Jesu Christi fiat accipientibus nobis in

vitam ætérnam. Amen.

Agnus Dei, qui tollis peccáta mundi:

(strike breast) miserére nobis.

Agnus Dei, qui tollis peccáta mundi:

(strike breast) dona nobis pacem.

We offer Thee prayers and sacrifices,
O Lord Jesus Christ, humbly
entreating that we, who
commemorate in our prayers the
piercing of the most dear soul of
blessed Mary, Thy Mother, may,
through the multiplied intercession of
her and of her holy companions under
the cross, by the merits of Thy death,
receive our portion with the blessed.
Who lives and reigns with God the
Father in the unity of the Holy Spirit,
God, forever and ever.

(For St. Nicomedes)

Graciously receive, O Lord, the gifts
offered to Thee, and may the prayer
of Thy blessed martyr, Nicomedes,
commend them. Through our Lord
Jesus Christ, Thy Son, Who lives and
reigns with Thee in the unity of the
Holy Spirit, God,

P: ...forever and ever.

(Stand at High Mass)

S: Amen.

P: The Lord be with you.

S: And with your spirit.

P: Lift up your hearts.

S: We have lifted them up to the Lord.

P: Let us give thanks to the Lord our
God.

S: It is fitting and just.

It is truly meet and just, right and for
our salvation that we always and
everywhere give thanks unto Thee, O
holy Lord, Father almighty,
everlasting God: and that we should
praise and bless, and proclaim Thee,
in the Transfixion of the Blessed
Mary, ever Virgin: Who also
conceived Thine only-begotten Son
by the overshadowing of the Holy
Spirit, and the glory of her virginity still
abiding, gave forth to the world the
everlasting Light, Jesus Christ our
Lord. Through Whom the Angels
praise Thy majesty, the Dominationes
adore, the Powers tremble: the
heavens and the hosts of heaven,
and the blessed Seraphim, together
celebrate in exultation. With whom,
we pray Thee, command that our
voices of supplication also be
admitted in confessing Thee saying:

(Kneel)

P: Holy, holy, holy, Lord God of Hosts!
Heaven and earth are filled with Thy
glory. Hosanna in the highest! †
Blessed is He Who comes in the name
of the Lord. Hosanna in the highest!

THE ROMAN CANON

P: Therefore, most merciful Father, we
humbly pray and entreat Thee, through
Jesus Christ, Thy Son, Our Lord, that
Thou would accept and bless these
gifts, these offerings, these holy and
spotless sacrifices, which, in the first
place, we offer Thee for Thy holy
Catholic Church: deign to pacify, to
guard, to unite, and to govern her
throughout the world, together with Thy
servant N., our Pope, and N., our
Bishop; and all orthodox believers of
the Catholic and apostolic faith.

P: Be mindful, O Lord, of Thy servants
and handmaids N. and N., and of all
here present, whose faith and devotion
are known unto Thee, for whom we
offer, or who offer to Thee, this
sacrifice of praise for themselves, and
for all their own, for the redemption of
their souls, for their hope of salvation
and safety; and who pay their vows to
Thee, the everlasting, living, and true
God.

P: Having communion with, and
venerating first of all the memory of the
glorious and ever Virgin Mary, Mother
of our God and Lord Jesus Christ; and
also of blessed Joseph, Spouse of the
same Virgin, and of Thy blessed
Apostles and Martyrs, Peter and Paul,
Andrew, James, John, Thomas,
James, Philip, Bartholomew, Matthew,
Simon and Thaddeus; of Linus, Cletus,
Clement, Sixtus, Cornelius, Cyprian,
Lawrence, Chrysogonus, John and
Paul, Cosmas and Damian, and all Thy
Saints, by whose merits and prayers,
grant that in all things we may be
defended by the help of Thy protection.
Through the same Christ, our Lord.
Amen.

P: We therefore beseech Thee, O
Lord, to graciously accept this oblation
of our service, as also of Thy entire
family; dispose our days in Thy peace,
save us from eternal damnation, and
command that we be numbered in the
flock of Thine elect. Through Christ our
Lord. Amen.

P: Which oblation, do Thou, O God,
deign in all respects to make blessed,
approved, ratified, reasonable and
acceptable, so that it may become for
us the Body and Blood of Thy most
beloved Son, our Lord, Jesus Christ.

P: Who, the day before He suffered,
took bread into His holy and venerable
hands, and with His eyes raised to
heaven, unto Thee, God, His almighty
Father, giving thanks to Thee, He
blessed it, broke it, and gave it to His
disciples saying:
Take, all of you, and eat of this:
FOR THIS IS MY BODY.

P: In like manner, after He had supped,
taking also this excellent chalice into
His holy and venerable hands, and
giving thanks to Thee, He blessed it,
and gave it to His disciples, saying:
Take, all of you, and drink of this:
**FOR THIS IS THE CHALICE OF MY
BLOOD OF THE NEW AND ETERNAL
TESTAMENT: THE MYSTERY OF
FAITH: WHICH SHALL BE POURED
OUT FOR YOU AND FOR MANY
UNTO THE REMISSION OF SINS.**

As often as you shall do these things,
you do them in memory of Me.

P: Deliver us, we beseech Thee, O
Lord, from all evils, past, present, and
to come; and by the intercession of the
blessed and glorious ever-Virgin Mary,
Mother of God, together with Thy
blessed Apostles, Peter and Paul, and
Andrew, and all the Saints, mercifully
grant peace in our days, that sustained
by the help of Thy mercy, we may be
always free from sin and secure from
all disturbance. Through the same
Jesus Christ, Thy Son, our Lord, Who
lives and reigns with Thee, in the unity
of the Holy Spirit, God, forever and
ever.

S: Amen.

P: The peace of the Lord be always
with you.

S: And with your spirit.

(Kneel at High Mass)

P: May this mingling and consecration
of the Body and Blood of our Lord
Jesus Christ be to us who receive it
effectual unto eternal life. Amen.

Lamb of God, Who takes away the sins
of the world, **(strike breast)** have
mercy on us.

Lamb of God, Who takes away the sins
of the world, **(strike breast)** have
mercy on us.

Lamb of God, Who takes away the sins
of the world, **(strike breast)** grant us
peace.

P: Dómine Jesu Christe, qui dixisti Apóstolis tuis: Pacem relínquo vobis, pacem meam do vobis: ne respicias peccata mea, sed fidem Ecclésiae tuæ: eámque secundum voluntatem tuam pacificare et coadunare digneris: Qui vivis et regnas Deus per ómnia sǽculorum. Amen.

P: Dómine Jesu Christe, Fili Dei vivi, qui ex voluntate Patris, cooperante Spíitu Sancto, per mortem tuam mundum vivificasti: líbera me per hoc sacrosánctum Corpus et Sanguinem tuum ab ómnibus iniúitibús meis, et unívérsum malis: et fac me tuis semper inháerere mandatíus, et a te numquam separari permítta: Qui cum eódem Deo Patre et Spíitu Sancto vivis et regnas Deus in sǽcula sǽculorum. Amen.

P: Percéptio Córporis tui, Dómine Jesu Christe, quod ego indígnus sumere præsumo, non mihi provéniat in iudicium et condemnatiōnem: sed pro tua pietate proxit mihi ad tutaméntum mentis et córporis, et ad medélam percipiéndam: Qui vivis et regnas cum Deo Patre in unitate Spíritus Sancti, Deus, per ómnia sǽcula sǽculorum. Amen.

P: Panem cæléstēm accípiam, et nomen Dómini invocábo.

Dómine, non sum dignus **A**, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur áнима mea.
Dómine, non sum dignus **A**, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur áнима mea.
Dómine, non sum dignus **A**, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur áнима mea.

P: Corpus Dómini nostri Jesu Christi custódiait ánimam meam in vitam ætérnam. Amen.

P: Quid retríbuam Dómino pro ómnibus quæ retríbuit mihi? Cálicem salutáris accípiam, et nomen Dómini invocábo. Laudans invocábo Dóminum, et ab inimícis meis salvus ero.

P: Sanguis Dómini nostri Jesu Christi custódiait ánimam meam in vitam ætérnam. Amen.

P: Ecce Agnus Dei, ecce qui tollit peccata mundi.

S: Dómine, non sum (**strike breast**) dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur áнима mea.

S: Dómine, non sum (**strike breast**) dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur áнима mea.

S: Dómine, non sum (**strike breast**) dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur áнима mea.

AT THE COMMUNION RAIL

P: Corpus Dómini nostri Jesu Christi custódiait ánimam tuam in vitam ætérnam. Amen.

AT THE CENTER OF THE ALTAR

P: Quod ore súmpsimus, Dómine, pura mente capiámus: et de múnere temporali fiat nobis remédium sempitérnum.

P: Corpus tuum, Dómine, quod sumpsi, et Sanguis, quem potávi, adhæreat viscéribus meis: et præsta; ut in me non remáheat scélerum mácula, quem pura et sancta refecérunt sacraménta: Qui vivis et regnas in sǽcula sǽculorum, Amen.

AT THE RIGHT SIDE OF THE ALTAR

COMMUNION Hebrews 9: 15
Felices sensus beátæ Mariæ Vírginis, qui sine morte meruérunt mártirii palmam sub cruce Dómini.

AT THE CENTER OF THE ALTAR

(Stand at High Mass)
P: Dóminus vobiscum.
S: Et cum spíitu tuo.

AT THE RIGHT SIDE OF THE ALTAR

P: Orémus.

POSTCOMMUNION
Sacrificia, quæ súmpsimus Dómine Jesu Christe, Transfixiónem Matris tua et Vírginis dévôte celebrantes: nobis ímpetrant apud cleméntiam tuam omnis boni salutáris effectum: Qui vivis et regnas, cum Deo Patre in unitate Spíritus Sancti, Deus, per ómnia sǽcula sǽculorum.

S: Amen.

P: Orémus.

POSTCOMMUNION
Purifícent nos, Dómine, sacraménta quæ súmpsimus: et, intercedénte beáto Nicoméde Mártire tuo, a cunctis efficiant vitiis absolútos. Per Dóminum nostrum Iesum Christum, Fílium tuum, qui tecum vivit et regnat in unitate Spíritus Sancti, Deus, per ómnia sǽcula sǽculorum.

S: Amen.

AT THE CENTER OF THE ALTAR

(Kneel at High Mass)
P: Pláceat tibi, sancta Trinitas, obséquium servitútis meæ: et præsta; ut sacrificium, quod óculus tuæ majestatis indígnus óbtuli, tibi sit acceptáibile, mihiqüe et ómnibus pro quibus illud óbtuli, sit, te miseránte, propitiabile. Per Christum Dóminum nostrum. Amen.

P: Benedicat vos omnípotens Deus, **T** Pater, et Fílius, et Spíritus Sanctus.

S: Amen.

AT THE LEFT SIDE OF THE ALTAR

(Stand)

P: Dóminus vobiscum.

S: Et cum spíitu tuo.

P: Inítium sancti Evangélii secundum Joánnem.

S: Glória tibi, Dómine.

P: In principio erat Verbum, et Verbum erat apud Deum, et Deus erat Verbum. Hoc erat in principio apud Deum.

Ómnia per ipsum facta sunt: et sine ipso factum est nihil, quod factum est: in ipso vita erat, et vita erat lux hóminum: et lux in ténebris luet, et ténebrae eam non comprehendérunt.

Fuit homo missus a Deo, cui nomen erat Joánnes. Hic venit in testimónium, ut testimónium perhibéret de lúmine, ut omnes créderent per illum. Non erat ille lux, sed ut testimónium perhibéret de lúmine. Erat lux vera, quæ illúminat omnem hóminem veniéntem in hunc mundum. In mundo erat, et mundus per ipsum factus est, et mundus eum non cognovit. In própria venit, et sui eum non recepérunt. Quotquot autem reçepérunt eum, dedit eis potestátem filios Dei fieri, his qui credunt in nómine ejus: qui non ex sanguínibus, neque ex voluntate carnis, neque ex voluntate viri, sed ex Deo nati sunt.

(Genuflect) ET VERBUM CARO

FACTUM EST
et habitávit in nobis: et vídimus glóriam ejus, glóriam quasi Unigéni a Patre, plenum grátiae et veritatis.

S: Deo grátias.

Leonine Prayers

(optional after Low Mass)

AT THE CENTER OF THE ALTAR

(Kneel at High Mass)

P: Dóminus vobiscum.

S: Et cum spíitu tuo.

P: Ite, Missa est.

S: Deo grátias.

AT THE LEFT SIDE OF THE ALTAR

(Stand)

P: Dóminus vobiscum.

S: Et cum spíitu tuo.

P: Inítium sancti Evangélii secundum Joánnem.

S: Glória tibi, Dómine.

P: In principio erat Verbum, et Verbum erat apud Deum, et Deus erat Verbum. Hoc erat in principio apud Deum.

Ómnia per ipsum facta sunt: et sine ipso factum est nihil, quod factum est: in ipso vita erat, et vita erat lux hóminum: et lux in ténebris luet, et ténebrae eam non comprehendérunt.

Fuit homo missus a Deo, cui nomen erat Joánnes. Hic venit in testimónium, ut testimónium perhibéret de lúmine, ut omnes créderent per illum. Non erat ille lux, sed ut testimónium perhibéret de lúmine. Erat lux vera, quæ illúminat omnem hóminem veniéntem in hunc mundum. In mundo erat, et mundus per ipsum factus est, et mundus eum non cognovit. In própria venit, et sui eum non recepérunt. Quotquot autem reçepérunt eum, dedit eis potestátem filios Dei fieri, his qui credunt in nómine ejus: qui non ex sanguínibus, neque ex voluntate carnis, neque ex voluntate viri, sed ex Deo nati sunt.

(Genuflect) ET VERBUM CARO

FACTUM EST
et habitávit in nobis: et vídimus glóriam ejus, glóriam quasi Unigéni a Patre, plenum grátiae et veritatis.

S: Deo grátias.

Leonine Prayers

(optional after Low Mass)

AT THE CENTER OF THE ALTAR

(Kneel at High Mass)

P: O Lord Jesus Christ, Who said to Thine Apostles: Peace I leave you, My peace I give you; regard not my sins, but the faith of Thy Church, and deign to grant her peace and to unify her according to Thy will: Who lives and reigns God, forever and ever. Amen.

P: Lord Jesus Christ, Son of the living God, Who, by the will of the Father, with the cooperation of the Holy Spirit, hast by Thy death given life to the world; deliver me by this Thy most sacred Body and Blood, from all my sins and from all evils. Make me always cleave to Thy commandments, and never permit me to be separated from Thee, Who with the same God the Father and the Holy Spirit, lives and reigns, God, forever and ever. Amen.

P: Let not the partaking of Thy Body, O Lord Jesus Christ, which I, unworthy, presume to receive, turn to my judgment and condemnation; but through Thy kindness, may it benefit me, a safeguard both of mind and body, and a certain remedy. Who with God the Father, in the unity of the Holy Spirit, lives and reigns God, forever and ever. Amen.

P: I will take the Bread of heaven, and will call upon the name of the Lord.

P: Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

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