

03/21, SATURDAY AFTER THE FOURTH SUNDAY IN LENT
W/ COMMEMORATION OF ST. BENEDICT

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Collect at St. Angelius "*in piscibus.*" Station at St. Nicholas in Carcere.

The gathering of the faithful today was near the fishmarket; the church was in existence before the Eighth Century. The seven martyred sons of St. Symphorosa repose here.

Over sixty churches were dedicated to St. Nicholas: this one stands near the ancient site of a public prison, and is built on the ruins of a pagan temple of Piety.

This Saturday is called *silientes* from the opening words of the Introit. Since the time of Pope Gelasius it has been a day for conferring Holy Orders, and was therefore once a day of great fast, extending through the night.

The Gospel teaches us that if the house of God on earth is not to be turned into a house of traffickers-still less can we purchase our entrance into heaven. We are to drink with joy from the fountains of grace which flow from the blessed Eucharist.

New User Guide

AT THE FOOT OF THE ALTAR (Kneel) P: †In nómine Patris, et Filii, et Spíritus Sancti. Amen. P: Introíbo ad altáre Dei. S: Ad Deum qui lætíficat juventútem meam. (Psalm 42) P: Júdica me, Deus, et discérne causam meam de gente non sancta: ab hómine iníquo et dolóso éru me. S: Quia tu es, Deus, fortitúdo mea: quare me repulísti, et quare tristis incédo, dum affligit me inimicus? P: Emítte lucem tuam, et veritátem tuam: ipsa me deduxérunt, et adduxérunt in montem sanctum tuum, et in tabernácula tua. S: Et introíbo ad altáre Dei: ad Deum qui lætíficat juventútem meam. P: Confitébor tibi in cíthara, Deus, Deus meus: quare tristis es, ánima mea, et quare contúrbas me? S: Spera in Deo, quóniam adhuc confitébor illi: salutáre vultus mei, et Deus meus. P: Glória Patri, et Filio, et Spíritui Sancto. S: Sicut erat in princípio, et nunc, et semper: et in sæcula sæculórum. Amen. P: Introíbo ad altáre Dei. S: Ad Deum qui lætíficat juventútem meam. P: †Adjutórium nostrum in nómine Dómini. S: Qui fecit cælum et terram. P: Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et vobis fratres: quia peccávi nimis cogitatíone, verbo, et ópere: mea culpa, mea culpa, mea máxima culpa. Ídeo precor beátam Mariam semper Virgínem, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et vos fratres, oráre pro me ad Dóminum Deum nostrum. S: Misereátur tui omnípotens Deus, et, dimíssis peccátis tuis, perdúcat te ad vitam ætérnam. P: Amen. S: Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et tibi pater: quia peccávi nimis cogitatíone, verbo, et ópere: (strike breast 3 times) mea culpa, mea culpa, mea máxima culpa. Ídeo precor beátam Mariam semper Virgínem, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Apóstolos, et te Pater, oráre pro me ad Dóminum Deum nostrum. P: Misereátur vestri omnípotens Deus, et, dimíssis peccátis vestris, perdúcat vos ad vitam ætérnam. S: Amen. P: †Indulgéntiam, absolutíonem, et remissíonem peccatórum nostrórum, tríbuat nobis omnípotens et miséricors Dóminus. S: Amen. P: Deus, tu convérsus vivificábis nos. S: Et plebs tua lætábitur in te. P: Osténde nobis, Dómine, misericórdiam tuam. S: Et salutáre tuum da nobis. P: Dómine, exáudi oratíonem meam. S: Et clamor meus ad te véniat. P: Dóminus vobíscum. S: Et cum spíritu tuo. P: Orémus. P: Aufer a nobis, quæsumus, Dómine, iniquitátes nostras: ut ad Sancta sanctórum puris mereámur méntibus introíre. Per Christum Dóminum nostrum. Amen. AT THE CENTER OF THE ALTAR P: Orámus te, Dómine, per mérita Sanctórum tuórum, quorum relíquiæ hic sunt et ómnium Sanctórum: ut indulgére dignéris ómnia peccáta mea. Amen. (Only at High Mass when incense is used) P: <i>Ab illo benedicáris, in cujus honóre cremáberis.</i> AT THE RIGHT SIDE OF THE ALTAR INTROIT Isaiah 55: 1 Sitiéntes, venite ad aquas, dicit Dóminus: et qui non habétis prétium, venite et bíbite cum lætítia. (Ps. 77: 1) Atténdite, pópule meus, legem meam: inclináte aurem vestram in verba oris mei. Glória Patri et Filio et Spíritui Sancto, sicut erat in princípio, et nunc, et semper, et in sæcula sæculórum. Amen. Sitiéntes, venite ad aquas, dicit Dóminus: et qui non habétis prétium, veníte et bíbite cum lætítia. AT THE CENTER OF THE ALTAR P: Kýrie, eléison. S: Kýrie, eléison. P: Kýrie, eléison. S: Christe, eléison. P: Christe, eléison. S: Christe, eléison. P: Kýrie, eléison. S: Kýrie, eléison. P: Kýrie, eléison. (Stand at High Mass) P: Dóminus vobíscum. S: Et cum spíritu tuo. AT THE RIGHT SIDE OF THE ALTAR P: Orémus. COLLECT Fiat, Dómine, quæsumus, per grátiam tuam fructuósus nostræ devotíonis affectus: quia tunc nobis próderunt susceptá jejúnia, si tuæ sint plácita pietáti. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. S: Amen. P: Orémus. COLLECT Intercéssio nos, quæsumus, Dómine, beáti Benedícti Abbátis commendet: ut, quod nostris méritis non valémus, ejus patrocinio assequámur. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. S: Amen. (Sit) LESSON Isaiah 49: 8-15 Hæc dicit Dóminus: In témpore plácido exaudívi te, et in die salutis auxiliáto sum tui: et servávi te, et dedíxi te in foedus pópuli, ut suscítáres terram, et possidéres hereditátes dissipátas: ut diceres his, qui vincti sunt: Exíte: et his, qui in ténebris: Revelámini. Per vias pascérentur, et in ómnibus planis pásca eórum. Non esúrient neque sitient, et non percútiet eos æstus et sol: quia miserátor eórum potébit eos, et ad fontes aquárum regábit eos. Et ponam omnes montes meos in viam, et semítæ meæ exaltabúntur. Ecce, isti de longe vénient, et ecce illi ab aquilóne et mari, et isti de terra austráli. Laudáte, cæli, et exsúltate, terra, jubilate, montes, laudem: quia consolátus est Dóminus pópulum suum, et páuperum suórum miserébitur. Et dixit Sion: Derelíquit me Dóminus, et Dóminus oblítus est mei. Numquid oblivísci potest múlIER infántem suum, ut non misereátur filio úteri sui? et si illa oblíta fuerit, ego tamen non oblivíscar tui, dicit Dóminus omnípotens. S: Deo grátias. GRADUAL Psalms 9: 14, 1-2 Tibiílo tu eris adjútor. Ut quid, Dómine, recessísti longe, déspicis in opportunítatibus, in tribulatíone? dum supérbit ímpius, incénditur pauper. AT THE CENTER OF THE ALTAR (Only at High Mass when incense is used) P: <i>Ab illo benedicáris, in cujus honóre cremáberis.</i> P: Munda cor meum ac lábia mea, omnípotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratíone dignáre mundáre, ut sanctum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen. P: Jube, Dómine, benedicere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competénter annúntiem Evangélium suum. Amen. AT THE LEFT SIDE OF THE ALTAR (Stand) P: Dóminus vobíscum. S: Et cum spíritu tuo. P: Seqúentia sancti Evangélii secúndum Joánnem. S: Glória tibi, Dómine. AT THE FOOT OF THE ALTAR (Kneel) P: †In the Name of the Father, and of the Son, and of the Holy Spirit. Amen. P: I will go unto the altar of God. S: To God, Who gives joy to my youth. (Psalm 42) P: Judge me, O God, and distinguish my cause from the unholy nation, deliver me from the unjust and deceitful man. S: For Thou, O God, art my strength, why hast Thou cast me off? And why do I go about in sadness, while the enemy afflicts me? P: Send forth Thy light and Thy truth: they have conducted me and brought me unto Thy holy mount, and into Thy tabernacles. S: And I will go unto the altar of God: to God, Who gives joy to my youth. P: I shall praise Thee upon the harp, O God, my God. Why are you sad, O my soul, and why do you disquiet me? S: Hope in God, for I will still praise Him, the salvation of my countenance, and my God. P: Glory be to the Father, and to the Son, and to the Holy Spirit. S: As it was in the beginning, is now, and ever shall be, world without end. Amen. P: I will go unto the altar of God. S: To God, Who gives joy to my youth. P: †Our help is in the name of the Lord. S: Who made heaven and earth. P: I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you, brethren, that I have sinned exceedingly in thought, word, and deed: through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, brethren, to pray for me to the Lord our God. S: May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting. P: Amen. S: I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you father: that I have sinned exceedingly in thought, word, and deed: (strike breast 3 times) through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, Father, to pray for me to the Lord our God. P: May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting. S: Amen. P: †May the almighty and merciful Lord grant us pardon, absolution, and remission of our sins. S: Amen. P: Thou wilt turn again, O God, and quicken us. S: And Thy people will rejoice in Thee. P: Show us, O Lord, Thy mercy. S: And grant us Thy salvation. P: O Lord, hear my prayer. S: And let my cry come unto Thee. P: The Lord be with you. S: And with your spirit. P: Let us pray. P: Take away from us our iniquities, we beseech Thee, O Lord; that with pure minds we may be made worthy to enter into the Holy of Holies. Through Christ our Lord. Amen. AT THE CENTER OF THE ALTAR P: We pray Thee, O Lord, by the merits of Thy Saints whose relics are here, and of all the Saints: that Thou would deign to pardon me all my sins. Amen. (Only at High Mass when incense is used) P: <i>Be blessed by Him in Whose honor you will be burnt.</i> AT THE RIGHT SIDE OF THE ALTAR All you who thirst, come to the waters, says the Lord: and you who have no money, come and drink with joy. (Ps. 77: 1) Hearken, My people, to My law; incline your ears to the words of My mouth. Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. All you who thirst, come to the waters, says the Lord: and you who have no money, come and drink with joy. AT THE CENTER OF THE ALTAR P: Lord, have mercy. S: Lord, have mercy. P: Lord, have mercy. S: Christ, have mercy. P: Christ, have mercy. S: Christ, have mercy. P: Lord, have mercy. S: Lord, have mercy. P: Lord, have mercy. (Stand at High Mass) P: The Lord be with you. S: And with your Spirit. AT THE RIGHT SIDE OF THE ALTAR P: Let us pray. Make fruitful, we beseech Thee, O Lord, the zeal of our fervent devotion; for only if it pleases Thee shall the fasting we have undertaken be of benefit to us. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever. S: Amen. P: Let us pray. For St. Benedict May the intercession of blessed Benedict the Abbot commend us unto Thee, we beseech Thee, O Lord: so that what we cannot acquire by any merits of ours, we may obtain by his patronage. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever. S: Amen. (Sit) Thus says the Lord: In a time of favor I answer you, on the day of salvation I help you, to restore the land and allot the desolate heritages, saying to the prisoners: Come out! to those in darkness: Show yourselves! Along the ways they shall find pasture, on every bare height shall their pastures be. They shall not hunger or thirst, nor shall the scorching wind or the sun strike them; for he who pities them leads them and guides them beside springs of water. I will cut a road through all My mountains, and make My highways level. See, some shall come from afar, others from the north and the west, and some from the land of Syene. Sing out, O heavens, and rejoice, O earth, break forth into song, you mountains. For the Lord comforts His people and shows mercy to His afflicted. But Sion said, The Lord has forsaken me; my Lord has forgotten me. Can a mother forget her infant, be without tenderness for the child of her womb? Even should she forget, I will never forget you, says the Lord almighty. S: Thanks be to God. To Thee, O Lord, is the poor man left: Thou will be a help to the orphan. Why, O Lord, hast Thou retired afar off; why dost Thou slight us in our wants in time of trouble? While the wicked man is proud, the poor is set on fire.
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GOSPEL John 8: 12-20 In illo tēpore: Locūtus est Iesus turbis Judæarum, dicens: Ego sum lux mundi: qui séquitur me, non ámbulat in tēnebris, sed habébit lumen vitæ. Dixérunt ergo ei pharisæi: Tu de te ipso testimónium pérhibes: testimónium tuum non est verum. Respóndit Iesus et dixit eis: Et si ego testimónium perhíbeo de meípso, verum est testimónium meum: quia scio, unde veni et quo vado: vos autem nescitis, unde vénio aut quo vado. Vos secúndum carnem judicátis: ego non júdico quemquam: et si júdico ego, júdiciu meum verum est, quia solus non sum: sed ego et, qui misit me, Pater. Et in lege vestra scriptum est, quia duórum hóminu testimónium verum est. Ego sum, qui testimónium perhíbeo de meípso: et testimónium pérhibet de me, qui misit me, Pater. Dicébant ergo ei: Ubi est Pater tuus? Respóndit Iesus: Neque me scitis, neque Patrem meum: si me sciretis, fórsitan et Patrem meum scirétis. Hæc verba locútus est Iesus in gazophylácio, docens in templo: et nemo apprehéndit eum, quia necdum vénerat hora ejus.	At that time, Jesus spoke to the multitudes of the Jews, saying, I am the light of the world. He who follows Me does not walk in the darkness, but will have the light of life. The Pharisees therefore said to Him, You bear witness to Yourself. Your witness is not true. Jesus answered and said to them, Even if I bear witness to Myself, My witness is true, because I know where I came from and where I go. But you do not know where I came from or where I go. You judge according to the flesh; I judge no one. And even if I do judge, My judgment is true, because I am not alone, but with Me is He Who sent Me, the Father. And in your Law it is written that the witness of two persons is true. It is I Who bear witness to Myself, and He Who sent Me, the Father, bears witness to Me. They therefore said to Him, Where is your Father? Jesus answered, You know neither Me nor My Father. If you knew Me, you would then know My Father also. Jesus spoke these words in the treasury, while teaching in the temple. And no one seized Him, because His hour had not yet come.
S: Laus tibi, Christe. P: Per evangélica dicta deleántur nostra delicta.	S: Praise to Thee, O Christ. P: May our offenses be erased by the words of the Gospel.
AT THE CENTER OF THE ALTAR P: Dóminus vobíscum. S: Et cum spírítu tuo. P: Orémus.	AT THE CENTER OF THE ALTAR P: The Lord be with you. S: And with your spirit. P: Let us pray.
(Sit)	(Sit)
OFFERTORY Psalms 17: 3 Factus est Dóminus firmaméntum meum, et refúgium meum, et liberátor meus: et sperábo in eum.	The Lord is become my rock, my fortress, my deliverer; and in Him will I put my trust.
P: Súscipe, sancte Pater, omnípotens ætérne Deus, hanc immaculátam hóstiam, quam ego indignus fámulus tuus offero tibi, Deo meo vivo et vero, pro innumerábilibus peccátis, et offensióibus, et negligéntiis meis, et pro ómnibus circumstántibus, sed et pro ómnibus fidélibus cristiánis vivis atque defúntis: ut mihi, et illis proficiat ad salútem in vitam ætérnam. Amen.	P: Receive, O Holy Father, almighty and eternal God, this spotless host, which I, Thine unworthy servant, offer unto Thee, my living and true God, for my innumerable sins, offenses, and negligences, and for all here present; and also for all faithful Christians both living and dead, that it may profit me and them for salvation unto life everlasting. Amen.
AT THE RIGHT SIDE OF THE ALTAR P: Deus, qui humánæ substántiæ dignitatém mirabíliter condidisti, et mirabílius reformásti: da nobis per huius aquæ et vini mystérium, ejus divinitátis esse consórtes, qui humanitatís nostræ fieri dignátus est párticeps, Iesus Christus Fílius tuus Dóminus noster: Qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.	AT THE RIGHT SIDE OF THE ALTAR P: O God, Who wonderfully formed the dignity of human nature, and more wonderfully restored it, grant us through the mystery of this water and wine, to be made participants of His divinity, Who condescended to become a partaker of our humanity, Jesus Christ, Thy Son, our Lord, Who with Thee, lives and reigns in the unity of the Holy Spirit, God, forever and ever. Amen.
AT THE CENTER OF THE ALTAR P: Offérimus tibi, Dómine, cálicem salutáris tuam deprecántes cleméntiam: ut in conspéctu divínæ majestátis tuæ, pro nostra, et totíus mundi salúte cum odóre suavitátis ascéndat. Amen. In spírítu humilitátis, et in ánimo contrito suscipiámur a te, Dómine, et sic fiat sacrificíum nostrum in conspéctu tuo hódie, ut pláceat tibi, Dómine Deus. Veni, sanctificátor omnípotens ætérne Deus: et benedic hoc sacrificium, tuo sancto nómini præparátum.	AT THE CENTER OF THE ALTAR P: We offer Thee, O Lord, the chalice of salvation, pleading Thy clemency, that it may ascend in the sight of Thy divine majesty, with a sweet fragrance, for our salvation and for that of the whole world. Amen. In a humble spirit and a contrite heart may we be received by Thee, O Lord, and let our sacrifice be so made in Thy sight this day that it may please Thee, O Lord God. Come, O sanctifier, almighty and eternal God, and bless this sacrifice prepared for Thy holy name.
<i>(Only at High Mass when incense is used)</i> P: Per intercessiónem beáti Michælis Archángeli, stantis a dextris altáris incénsi, et ómnium electórum suórum, incénsum istud dignétur Dóminus benedicere, et in odórem suavitátis accipere, per Christum Dóminum nostrum. Amen. P: Incénsum istud a te benedíctum, ascéndat ad te, Dómine, et descéndat super nos misericórdia tua. P: Dirigátur, Dómine, orátio mea, sicut incénsum, in conspéctu tuo: elevátio mánuum meárum sacrificium vespertínium. Pone, Dómine, custódiám ori meo, et óstium circumstántiæ lábiis meis: ut non declínet cor meum in verba malitiæ, ad excusándas excusatiónes in peccátis. P: Accéndat in nobis Dóminus ignem sui amóris, et flamma ætérnæ caritátis. Amen.	<i>(Only at High Mass when incense is used)</i> P: By the intercession of blessed Michael the Archangel, who stands at the right hand of the altar of incense, and of all His elect, may the Lord deign to bless this incense, and to receive it as a sweet fragrance, through Christ our Lord. P: May this incense, blessed by Thee, ascend to Thee, O Lord, and may Thy mercy descend upon us. P: Let my prayer be directed, O Lord, as incense in Thy sight, the lifting up of my hands as an evening sacrifice. Set a watch, O Lord, before my mouth: and a door round about my lips: that my heart may not incline to evil words: to make excuses in sins.
AT THE RIGHT SIDE OF THE ALTAR P: Lavábo inter innocéntes manus meas: et circumdábó altáre tuum, Dómine: Ut áudiam vocem laudis, et enárrem univérsa mirabília tua. Dómine, diléxi decórem domus tuæ, et locum habitatiónis glóriæ tuæ. Ne perdas cum ímpiis, Deus, ánimam meam, et cum viris sánguinem vitam meam: In quorum mánibus iniquitátes sunt: délixerunt eórum repléta est munéribus. Ego autem in innocéntia mea ingressus sum: rédime me, et miserére mei. Pes meus stetit in dirécto: in ecclésiis benedícam te, Dómine. Glória Patri, et Filio, et Spírítui Sancto. Sicut erat in princípío, et nunc, et semper: et in sæcula sæculórum. Amen.	AT THE RIGHT SIDE OF THE ALTAR P: I will wash my hands among the innocent, and I will compass Thine altar, O Lord, that I may hear the voice of praise: and tell of all Thy wondrous deeds. I have loved, O Lord, the beauty of Thy house and the place where Thy glory dwelleth. Destroy not my soul, O God, with the wicked, nor my life with men of blood. In whose hands are iniquities, their right hand is full with gifts. But I have walked in my innocence: redeem me, and have mercy on me. My foot has stood on the right path; in the churches I will bless Thee, O Lord. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.
AT THE CENTER OF THE ALTAR P: Súscipe, sancta Trinitas, hanc oblatiónem, quam tibi offerimus ob memóriam passiónis, resurrectionis, et ascensiónis Jesu Christi Dómini nostri: et in honórem beátæ Mariæ semper Vírginis, et beátí Joánnis Baptístæ, et sanctórum Apostolórum Petri et Pauli, et istórum, et ómnium Sanctórum: ut illis proficiat ad honórem, nobis autem ad salútem: et illi pro nobis intercédere dignéntur in cælis, quorum memóriam ágimus in terris. Per eúndem Christum Dóminum nostrum. Amen.	AT THE CENTER OF THE ALTAR P: Receive, O holy Trinity, this oblation which we offer to Thee in remembrance of the Passion, Resurrection, and Ascension of Our Lord Jesus Christ, and in honor of blessed Mary, ever Virgin, blessed John the Baptist, the holy Apostles Peter and Paul, and of these and of all the Saints; that it may avail unto their honor and our salvation, and may they deign to intercede in heaven for us who honor their memory here on earth. Through the same Christ, our Lord. Amen.
P: Oráte fratres: ut meum ac vestrum sacrificium acceptábile fiat apud Deum Patrem omnipoténtem. S: Suscípíat Dóminus sacrificium de mánibus tuis, ad laudem, et glóriam nóminis sui, ad utilitatem quoque nostram, totíusque Ecclésiæ suæ sanctæ. P: Amen.	P: Pray brethren, that my sacrifice and yours may be acceptable to God the Father almighty. S: May the Lord receive the sacrifice from your hands, to the praise and glory of His name, to our benefit, and that of all His holy Church. P: Amen.
SECRET (silently) Oblatióibus nostris, quæsumus, Dómine, placáre suscéptis: et ad te nostras etiam rebéllis compéllé propítius voluntátes. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.	Graciously accept our offerings, O Lord, we beseech Thee, and mercifully direct our still rebellious wills to Thee. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.
SECRET (silently) Sacris altáribus, Dómine, hóstias superpósitas sanctus Benedictus Abbas, quæsumus, in salútem nobis proveníre depóscat. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus,	<i>For St. Benedict</i> May the holy Abbot Benedict, we beseech Thee, O Lord, obtain by his prayers, that the Sacrifice laid on Thy holy altar, may profit us unto salvation. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God,
<i>(aloud, to conclude the Secret Prayer)</i> P: ...per ómnia sæcula sæculórum. (Stand at High Mass) S: Amen. P: Dóminus vobíscum. S: Et cum spírítu tuo. P: Sursum corda. S: Habémus ad Dóminum. P: Grátias agámus Dómino Deo nostro. S: Dignum et iustum est.	P: ...forever and ever. (Stand at High Mass) S: Amen. P: The Lord be with you. S: And with your spirit. P: Lift up your hearts. S: We have lifted them up to the Lord. P: Let us give thanks to the Lord our God. S: It is fitting and just.
PREFACE OF LENT Vere dignum et iustum est, æquum et salutáre, nos tibi semper et ubique grátias ágere: Dómine sancte, Pater omnípotens, ætérne Deus: Qui corporáli jejúnio vitia cóprimis, mentem élevas, virtútem largiris et præmia: per Christum Dóminum nostrum. Per quem majestátem tuam laudant Ángeli, adorant Dominatiónes, tremunt Potestátes. Cæli cælórúmque Virtútes ac beáta Séraphim sócia exultatióne concélebrant. Cum quibus et nostras voces ut admitti júbeas, deprecámur, súpplici confessióne dicéntes:	It is truly fitting and just, proper and beneficial, that we should always and everywhere, give thanks unto Thee, holy Lord, Father almighty, everlasting God. Who by this bodily fast, dost curb our vices, dost lift up our minds and bestow on us strength and rewards; through Christ our Lord. Through Whom the Angels praise Thy majesty, the Dominations adore, the Powers tremble: the heavens and the hosts of heaven, and the blessed Seraphim, together celebrate in exaltation. With whom, we pray Thee, command that our voices of supplication also be admitted in confessing Thee saying:
(Kneel) P: Sanctus ☩, Sanctus ☩, Sanctus ☩, Dóminus Deus Sábaoth. Pleni sunt cæli et terra glória tua. Hosánna in excélsis. †Benedíctus qui venit in nómine Dómini. Hosánna in excélsis.	(Kneel) P: Holy, holy, holy, Lord God of Hosts! Heaven and earth are filled with Thy glory. Hosanna in the highest! †Blessed is He Who comes in the name of the Lord. Hosanna in the highest!
THE ROMAN CANON (silently) P: Te ígitur, clementíssime Pater, per Jesum Christum Fílium tuum, Dóminum nostrum, súpplices rogámus, ac pétimus uti accépta hábeas, et benedícas, hæc dona, hæc múnera, hæc sancta sacrificia illibáta, in primis, quæ tibi offerimus: pro Ecclésia tua sanctæ athólicæ quam pacificáre, custodíre, adunáre, et régere dignéris toto orbe terrárum: una cum fámulo tuo Papa nostro N., et Antístite nostro N., et ómnibus orthodoxis, atque cathólicæ et apostólicæ fidei cultóribus.	THE ROMAN CANON P: Therefore, most merciful Father, we humbly pray and entreat Thee, through Jesus Christ, Thy Son, Our Lord, that Thou would accept and bless these gifts, these offerings, these holy and spotless sacrifices, which, in the first place, we offer Thee for Thy holy Catholic Church: deign to pacify, to guard, to unite, and to govern her throughout the world, together with Thy servant N., our Pope, and N., our Bishop; and all orthodox believers of the Catholic and apostolic faith.
P: Meménto, Dómine, famulórum, famularúmque tuárum N., et N., et ómnium circumstántium, quorum tibi fides cógnita est, et nota devótio, pro quibus tibi offerimus: vel qui tibi offerunt hoc sacrificium laudis, pro se, suisque ómnibus: pro redemptione animárum suárum, pro spe salútis et inculcátis suæ: tibíque reddunt vota sua ætérno Deo, vivo et vero.	P: Be mindful, O Lord, of Thy servants and handmaids N. and N., and of all here present, whose faith and devotion are known unto Thee, for whom we offer, or who offer to Thee, this sacrifice of praise for themselves, and for all their own, for the redemption of their souls, for their hope of salvation and safety; and who pay of their vows to Thee, the everlasting, living, and true God.
P: Communicántes, et memóriam venerántes, in primis gloriósa semper Vírginis Mariæ, Genitricis Dei et Dómini nostri Jesu Christi: sed et beáti Joseph, ejúsdem Vírginis Sponsi, et beatórum Apostolórum ac Mártyrum tuórum, Petri et Pauli, Andréæ, Jacóbi, Joánnis, Thomæ, Jacóbi, Philippi, Bartholomæi, Matthæi, Simónis, et Thaddæi: Lini, Cleti, Cleméntis, Xysti, Cornélii, Cypríani, Lauréntii, Chrysógoni, Joánnis et Pauli, Cosmæ et Damiáni, et ómnium Sanctórum tuórum; quorum méritis precibúisque concédas, ut in ómnibus protectióis tuæ muniamur auxilió. Per eúndem Christum Dóminum nostrum. Amen.	P: Having communion with, and venerating first of all the memory of the glorious and ever Virgin Mary, Mother of our God and Lord Jesus Christ; and also of blessed Joseph, Spouse of the same Virgin, and of Thy blessed Apostles and Martyrs, Peter and Paul, Andrew, James, John, Thomas, James, Philip, Bartholomew, Matthew, Simon and Thaddeus; of Linus, Cletus, Clement, Sixtus, Cornelius, Cyprian, Lawrence, Chrysogonus, John and Paul, Cosmas and Damian, and all Thy Saints; by whose merits and prayers, grant that in all things we may be defended by the help of Thy protection. Through the same Christ, our Lord. Amen.
P: ☩ Hanc ígitur oblatiónem servitútis nostræ, sed et cunctæ familiæ tuæ, quæsumus, Dómine, ut placátus accípias: diésque nostros in tua pace dispónas, atque ab ætérna damnatióne nos éripi, et in electórum tuórum júbeas grege numerári. Per Christum Dóminum nostrum. Amen.	P: We therefore beseech Thee, O Lord, to graciously accept this oblation of our service, as also of Thy entire family; dispose our days in Thy peace, save us from eternal damnation, and command that we be numbered in the flock of Thine elect. Through Christ our Lord. Amen.

P: Quam oblatiōnem tu, Deus, in
ōmnibus, quāsumus, benedīctam,
adscīptam, ratam, ratiōnābilem,
acceptābilemque fācere dignēris: ut
nobis Corpus, et Sanguis fiat
dilectīssimi Filii tui Dōmini nostri Jesu
Christi.

P: Qui pridie quam paterētur, accēpit
panem in sanctas, ac venerābiles
manus suas, et elevātis oculis in
cælum ad te Deum Patrem suum
omnipotētem, tibi grātias agens,
benedixit, fregit, dedītque discipulis
suis, dicens:
Accipite, et manducāte ex hoc omnes,
HOC EST ENIM CORPUS MEUM.



P: Sīmili modo postquam cænātum
est, accipiens et hunc præclārum
Cālicem in sanctas ac venerābiles
manus suas: item tibi grātias agens,
benedixit, dedītque discipulis suis,
dicens:
Accipite, et bibite ex eo omnes,
HIC EST ENIM CALIX SĀNGUINIS
MEI, NOVI ET AETĒRNI
TESTAMĒNTI: MYSTĒRIUM FĪDEI:
QUI PRO VOBIS ET PRO MULTIS
EFFUNDĒTUR IN REMISSIŌNEM
PECCATŌRUM.
Hæc quotiescūmque feceritis, in mei
memōriam faciētis.



P: Unde et mēmore, Dōmine, nos
servi tui, sed et plebs tua sancta,
ejūsdem Christi Fīlii tui Dōmini nostri
tam beatæ passiōnis, nec non et ab
inferis resurrectiōnis: sed et in cælos
gloriōsæ ascensiōnis: offerimus
præclāræ majestāti tuæ de tuis donis,
ac datis, hōstiam puram, hōstiam
sanctam, hōstiam immaculātā,
Panem sanctum vitæ ætērnæ, et
Cālicem salūtis perpētua.

P: Supra quæ propitio ac serēno vultu
respicere dignēris; et accepta habēre,
sicuti accēpta habēre dignātus es
mūnera pūeri tui justi Abel, et
sacrificiū Patriārchæ nostri Ābrahæ:
et quod tibi obtulit summus sacerdos
tuus Melchisedech, sanctum
sacrificiū, immaculātā hōstiam.

P: Sūpplices te rogāmus, omnīpotens
Deus: jube hæc perfērri per manus
sancti Āngeli tui in sublime altāre tuum,
in conspēctu divinæ majestātis tuæ: ut
quotquot, ex hac altāris participatiōne
sacrosānctum Fīlii tui, Corpus, et
Sāguinem sumpsērimus, omni
benedictiōne cælesti et grātia
repleāmur. Per eūndem Christum
Dōminum nostrum. Amen.

P: Memēto etiā, Dōmine,
famulōrum, famularūque tuarum **N.**
et **N.** qui nos præcessērunt cum signo
fidei, et dōrmiunt in somno pacis. Ipsis,
Dōmine, et ōmnibus in Christo
quiescētibus, locum refrigērii, lucis et
pacis, ut indulgeas, deprecāmur. Per
eūndem Christum Dōminum nostrum.
Amen.

P: Nobis quoque peccatōribus famulis
tuis, de multitudīne miseratiōnum
tuārum sperāntibus, partem āliquā, et
societātem donāre dignēris, cum tuis
sanctis Apōstolis et Martýribus: cum
Joānne, Stéphanō, Matthía, Bárnaba,
Ignátio, Alexándro, Marcellīno, Petro,
Felicítate, Perpétua, Ágatha, Lúcia,
Agnéte, Cæcília, Anastásia, et
ōmnibus Sanctis tuis: intra quorum nos
consórtium, non æstimátor mériti, sed
venīæ, quāsumus, largitor admítte.
Per Christum Dōminum nostrum.

P: Per quem hæc ōmnia, Dōmine,
semper bona creas, sanctificas,
vivificas, benedícis, et præstas nobis.
Per ipsum, et cum ipso, et in ipso, est
tibi Deo Patri omnipotēti, in unitate
Spíritus Sancti, omnis honor, et glória.

(aloud, to conclude the Canon)
P: Per ōmnia sǣcula sǣculŏrum.

(Stand at High Mass)
S: **Amen.**

P: Orémus. Præcéptis salutāribus
mōniti, et divinā institutiōne formāti,
audēmus dicere:
Pater noster, qui es in cælis:
Sanctificētur nomen tuum: Advēniat
regnum tuum: Fiat volūntas tua, sicut
in cælo, et in terra. Panem nostrum
quotidiānum da nobis hōdie: Et dimítte
nobis debita nostra, sicut et nos
dimittimus debitoribus nostris. Et ne
nos indúcas in tentatiōnem:
S: **Sed libera nos a malo.**
P: Amen

P: Libera nos, quāsumus, Dōmine, ab
ōmnibus malis, præteritis, et
præsēntibus, et futūris: et intercedēte
beatā et gloriōsa semper VírGINE Dei
Genitrice María, cum beātis Apōstolis
tuis Petro et Paulo, atque Andréa, et
ōmnibus Sanctis tuis: da propitius pacem
in diēbus Sanctis: ut ope miserícordiæ
tuæ adjúti, et a peccátō simus semper
liberi et ab omni perturbatiōne secūri.
Per eūndem Dominum nostrum Jesum
Christum Fīlium tuum. Qui tecum vivit
et regnat in unitate Spíritus Sancti,
Deus, per ōmnia sǣcula sǣculŏrum.

S: **Amen.**
P: Pax Dōmini sit semper vobīscum.

S: **Et cum spíritu tuo.**
(Kneel at High Mass)

P: Hæc commixtio, et consecratiō
Cōrporis et Sāguinis Dōmini nostri
Jesu Christi fiat accipiētibz nobis in
vitā ætērnā. Amen.

Agnus Dei, qui tollis peccāta mundi:
(strike breast) miserere nobis.

Agnus Dei, qui tollis peccāta mundi:
(strike breast) miserere nobis.

Agnus Dei, qui tollis peccāta mundi:
(strike breast) dona nobis pacem.

P: Dōmine Jesu Christe, qui dixisti
Apōstolis tuis: Pacem relinquo vobis,
pacem meam do vobis: ne respicias
peccāta mea, sed fidem Ecclēsiæ tuæ:
eāmq̃ secūndum voluntātem tuam
pacificāre et coadunāre dignēris: Qui
vivis et regnas Deus per ōmnia sǣcula
sǣculŏrum. Amen.

P: Dōmine Jesu Christe, Fili Dei vivi,
qui ex voluntāte Patris, cooperānte
Spíritu Sancto, per mortem tuam
mundum vivificasti: líbera me per hoc
sacrosānctum Corpus et Sāguinem
tuum ab ōmnibus iniquitatibus meis, et
univērsis malis: et fac me tuis semper
inhærere mandātis, et a te nunquam
separāri permittas: Qui cum eōdem
Deo Patre et Spíritu Sancto vivis et
regnas Deus in sǣcula sǣculŏrum.
Amen.

P: Percéptio Cōrporis tui, Dōmine Jesu
Christe, quod ego indignus sūmere
præsumo, non mihi provēniat in
judiciū et condemnatiōem: sed pro
tua pietāte prosit mihi ad tutamētum
mentis et cōrporis, et ad medēlam
percipiēdam: Qui vivis et regnas cum
Deo Patre in unitate Spíritus Sancti,
Deus, per ōmnia sǣcula sǣculŏrum.
Amen.

P: Panem cælēstem accipiam, et
nomen Dōmini invocābo.

Dōmine, non sum dignus ☩, ut intres
sub tectum meum: sed tantum dic
verbo, et sanābitur ánima mea.
Dōmine, non sum dignus ☩, ut intres
sub tectum meum: sed tantum dic
verbo, et sanābitur ánima mea.
Dōmine, non sum dignus ☩, ut intres
sub tectum meum: sed tantum dic
verbo, et sanābitur ánima mea.

P: Corpus Dōmini nostri Jesu Christi
custódiat ánimam meam in vitam
ætērnā. Amen.

P: Quid retribuam Dómino pro
ōmnibus quæ retribuit mihi? Cālicem
salutāris accipiam, et nomen Dómini
invocābo. Laudans invocābo
Dóminum, et ab inimícis meis salvus
ero.

P: Sanguis Dómini nostri Jesu Christi
custódiat ánimam meam in vitam
ætērnā. Amen.

P: Ecce Agnus Dei, ecce qui tollit
peccāta mundi.

S: **Dōmine, non sum (strike breast)**
dignus, ut intres sub tectum meum:
sed tantum dic verbo, et sanābitur
ánima mea.
S: **Dōmine, non sum (strike breast)**
dignus, ut intres sub tectum meum:
sed tantum dic verbo, et sanābitur
ánima mea.
S: **Dōmine, non sum (strike breast)**
dignus, ut intres sub tectum meum:
sed tantum dic verbo, et sanābitur
ánima mea.

AT THE COMMUNION RAIL
P: Sanguis Dómini nostri Jesu Christi
custódiat ánimam tuam in vitam
ætērnā. Amen.

AT THE CENTER OF THE ALTAR
P: Quod ore sumpsimus, Dómine, pura
mente capiāmus: et de múnere
temporáli fiat nobis remédium
sempiternum.

P: Corpus tuum, Dómine, quod
sumpsi, et Sanguis, quem potávi,
adhæreat viscéribus meis: et præsta;
ut in me non remáneat scélerum
mécula, quem pura et sancta
refecerunt sacraménta: Qui vivis et
regnas in sǣcula sǣculŏrum, Amen.

AT THE RIGHT SIDE OF THE ALTAR
COMMUNION Psalms 22: 1-2
Dóminus regit me, et nihil mihi déerit:
in loco páscuræ ibi me collocávit:
super aquam refectiōnis educávit me.

P: Which oblation, do Thou, O God,
deign in all respects to make blessed,
approved, ratified, reasonable and
acceptable, so that it may become for
us the Body and Blood of Thy most
beloved Son, our Lord, Jesus Christ.

P: Who, the day before He suffered,
took bread into His holy and venerable
hands, and with His eyes raised to
heaven, unto Thee, God, His almighty
Father, giving thanks to Thee, He
blessed it, broke it, and gave it to His
disciples saying:
Take, all of you, and eat of this:
FOR THIS IS MY BODY.

P: In like manner, after He had supped,
taking also this excellent chalice into
His holy and venerable hands, and
giving thanks to Thee, He blessed it,
and gave it to His disciples, saying:
Take, all of you, and drink of this:
FOR THIS IS THE CHALICE OF MY
BLOOD OF THE NEW AND ETERNAL
TESTAMENT: THE MYSTERY OF
FAITH: WHICH SHALL BE POURED
OUT FOR YOU AND FOR MANY
UNTO THE REMISSION OF SINS.
As often as you shall do these things,
you do them in memory of Me.

P: Wherefore, Lord, we, Thy servants,
but also Thy holy people, mindful of the
same Christ, Thy Son, our Lord, of His
blessed passion, and of His
resurrection from the grave, and of His
glorious ascension into heaven, offer
unto Thy most excellent majesty of
Thine own gifts, bestowed upon us, a
pure victim, a holy victim, an unspotted
victim, the holy Bread of eternal life
and the Chalice of everlasting
salvation.

P: Deign to regard them with a
gracious and serene countenance,
and to accept them, as Thou didst
deign to accept the gifts of Thy just
servant Abel, and the sacrifice of
Abraham our Patriarch, and that which
Thy chief priest Melchisedech offered
to Thee, a holy sacrifice, an unspotted
victim.

P: Humbly we pray Thee, almighty
God, command these offerings to be
borne by the hands of Thy holy Angel
to Thine altar on high, in the sight of
Thy divine majesty, so that as many of
us as shall, by partaking from this altar,
consume the most holy Body and
Blood of Thy Son, may be filled with
every heavenly grace and blessing.
Through the same Christ our Lord.
Amen.

P: Be mindful also, O Lord, of Thy
servants and handmaids **N.** and **N.**
who have gone before us with the sign
of faith and rest in the sleep of peace.
To these, O Lord, and to all who rest in
Christ, we plead that you grant a place
of comfort, light, and peace. Through
the same Christ our Lord. Amen.

P: To us sinners also, Thy servants,
trusting in the multitude of Thy
mercies, deign to grant some part and
fellowship with Thy holy Apostles and
Martyrs, with John, Stephen, Matthias,
Barnabas, Ignatius, Alexander,
Marcellinus, Peter, Felicitas, Perpetua,
Agatha, Lucy, Agnes, Cecilia,
Anastasia, and with all Thy Saints, into
whose company, we beseech Thee,
not as appraiser of merit but as
bestower of pardon, to admit us.
Through Christ our Lord.

P: Through Whom, O Lord, Thou
always create, sanctify, quicken, bless
and bestow upon us all good things.
Through Him and with Him and in Him
is to Thee, God the Father almighty, in
the unity of the Holy Spirit, all honor
and glory,

P: Forever and ever.

(Stand at High Mass)
S: Amen.

P: Let us pray: Admonished by Thy
saving precepts, and following Thy
divine institution, we dare to say:
Our Father, Who art in heaven,
hallowed be Thy name; Thy kingdom
come; Thy will be done on earth as it is
in heaven. Give us this day our daily
bread. And forgive us our trespasses
as we forgive those who trespass
against us. And lead us not into
temptation.
S: But deliver us from evil.
P: Amen.

P: Deliver us, we beseech Thee, O
Lord, from all evils, past, present, and
to come; and by the intercession of the
blessed and glorious ever-Virgin Mary,
Mother of God, together with Thy
blessed Apostles, Peter and Paul, and
Andrew, and all the Saints, mercifully
grant peace in our days, that sustained
by the help of Thy mercy, we may be
always free from sin and secure from
all disturbance. Through the same
Jesus Christ, Thy Son, our Lord, Who
lives and reigns with Thee, in the unity
of the Holy Spirit, God, forever and
ever.
S: Amen.
P: The peace of the Lord be always
with you.
S: And with your spirit.

(Kneel at High Mass)

P: May this mingling and consecration
of the Body and Blood of our Lord
Jesus Christ be to us who receive it
effectual unto eternal life. Amen.

Lamb of God, Who takes away the sins
of the world, **(strike breast)** have
mercy on us.

Lamb of God, Who takes away the sins
of the world, **(strike breast)** have
mercy on us.

Lamb of God, Who takes away the sins
of the world, **(strike breast)** grant us
peace.

P: O Lord Jesus Christ, Who said to
Thine Apostles: Peace I leave you, My
peace I give you; regard not my sins,
but the faith of Thy Church, and deign
to grant her peace and to unify her
according to Thy will: Who lives and
reigns God, forever and ever. Amen.

P: Lord Jesus Christ, Son of the living
God, Who, by the will of the Father,
with the cooperation of the Holy Spirit,
hast by Thy death given life to the
world; deliver me by this Thy most
sacred Body and Blood, from all my
sins and from all evils. Make me
always cleave to Thy commandments,
and never permit me to be separated
from Thee, Who with the same God
the Father and the Holy Spirit, lives
and reigns, God, forever and ever.
Amen.

P: Let not the partaking of Thy Body, O
Lord Jesus Christ, which I, unworthy,
presume to receive, turn to my
judgment and condemnation; but
through Thy kindness, may it benefit
me, a safeguard both of mind and
body, and a certain remedy. Who with
God the Father, in the unity of the Holy
Spirit, lives and reigns God, forever
and ever. Amen.

P: I will take the Bread of heaven, and
will call upon the name of the Lord.

Lord, I am not worthy that Thou should
enter under my roof; but only say the
word and my soul shall be healed.
Lord, I am not worthy that Thou should
enter under my roof; but only say the
word and my soul shall be healed.
Lord, I am not worthy that Thou should
enter under my roof; but only say the
word and my soul shall be healed.

P: May the Body of our Lord Jesus
Christ preserve my soul unto life
everlasting. Amen.

P: What return shall I render unto the
Lord for all He has given me? I will
take the Chalice of salvation, and I will
call upon the name of the Lord.
Praising I will call upon the Lord, and I
shall be saved from my enemies.

P: May the Blood of our Lord Jesus
Christ preserve my soul to life
everlasting. Amen.

P: Behold the Lamb of God, behold
Him who takes away the sins of the
world.

S: Lord, I am **(strike breast)** not
worthy that Thou should enter under
my roof; but only say the word and my
soul shall be healed.
S: Lord, I am **(strike breast)** not
worthy that Thou should enter under
my roof; but only say the word and my
soul shall be healed.
S: Lord, I am **(strike breast)** not
worthy that Thou should enter under
my roof; but only say the word and my
soul shall be healed.

AT THE COMMUNION RAIL
P: May the Body of our Lord Jesus
Christ preserve your soul unto
everlasting life. Amen.

AT THE CENTER OF THE ALTAR
P: Grant, O Lord, that what we have
taken with our mouth, we may receive
with a pure mind; and from a temporal
gift may it become to us an eternal
remedy.

P: May Thy Body, O Lord, which I have
consumed, and Thy Blood which I
have drunk, cling to my vitals; and
grant that no wicked stain may remain
in me, whom these pure and holy
mysteries have refreshed. Who lives
and reigns, forever and ever. Amen.

AT THE RIGHT SIDE OF THE ALTAR
The Lord is my Shepherd; I shall not
want. In verdant pastures He gives
me repose; beside restful waters He
leads me.

AT THE CENTER OF THE ALTAR (Stand at High Mass) P: Dóminus vobíscum. S: Et cum spírítu tuo.	AT THE CENTER OF THE ALTAR (Stand at High Mass) P: The Lord be with you. S: And with your spirit.
AT THE RIGHT SIDE OF THE ALTAR P: Orémus. POSTCOMMUNION Tua nos, quæsumus, Dómine, sancta puríficent: et operatióne sua tibi plácitus esse perfíciant. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. S: Amen. P: Orémus. POSTCOMMUNION Prótegat nos, Dómine, cum tui perceptiÓne sacraménti beátus Benedíctus Abbas, pro nobis intercedéndo: ut et conversatiÓnis ejus experiámur insígnia, et intercessiÓnis percipiámus suffrágia. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.	AT THE RIGHT SIDE OF THE ALTAR P: Let us pray. May Thy holy sacrament cleanse us, we beseech Thee, O Lord, and may its power make us pleasing to Thee. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever. S: Amen. P: Let us pray. <i>For St. Benedict</i> May the pleading of blessed Benedict the Abbot for us, as well as the reception of Thy Sacraments, protect us, O Lord, that we may both share in the glory of his works, and receive the help of his intercession. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.
S: Amen. P: Orémus. PRAYER OVER THE PEOPLE Humiliáte cápita vestra Deo. Deus, qui sperántibus in te miseréri pótius éligis quam irasci: da nobis digne flere mala, quæ fécimus; ut tuæ consolatiÓnis grátiam inveníre mereámur. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. S: Amen. P: Orémus.	S: Amen. P: Let us pray. Bow your heads to God. O God, Who would rather show mercy than anger toward those who hope in Thee, make us truly sorry for the evil we have done, that we may be worthy of Thy merciful consolation. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.
S: Amen. AT THE CENTER OF THE ALTAR P: Dóminus vobíscum. S: Et cum spírítu tuo. P: Ite, Missa est. S: Deo grátias. (Kneel at High Mass) P: Pláceat tibi, sancta Trínitas, obséquium servitútis meæ: et præsta; ut sacrificium, quod óculis tuæ majestátis indignus óbtuli, tibi sit acceptábile, mihíque et ómnibus pro quibus illud óbtuli, sit, te miseránte, propitiábile. Per Christum Dóminum nostrum. Amen.	AT THE CENTER OF THE ALTAR P: The Lord be with you. S: And with your spirit. P: Go, the Mass is ended. S: Thanks be to God. (Kneel at High Mass) P: May the performance of my homage be pleasing to Thee, O holy Trinity: and grant that the sacrifice which I, though unworthy, have offered up in the sight of Thy majesty, may be acceptable unto Thee, and may, through Thy mercy, be a propitiation for myself and all those for whom I have offered it. Through Christ our Lord. Amen.
P: Benedícat vos omnípotens Deus, †Pater, et Fílius, et Spíritus Sanctus. S: Amen.	P: May almighty God bless you, †the Father, Son, and Holy Spirit. S: Amen.
AT THE LEFT SIDE OF THE ALTAR (Stand) P: Dóminus vobíscum. S: Et cum spírítu tuo. P: Iníitium sancti Evangélíi secúndum Joánnem. S: Glória tibi, Dómine. P: In princípío erat Verbum, et Verbum erat apud Deum, et Deus erat Verbum. Hoc erat in princípío apud Deum. Ómnia per ipsum facta sunt: et sine ipso factum est nihil, quod factum est: in ipso vita erat, et vita erat lux hóminum: et lux in ténebris lucet, et ténebræ eam non comprehendérunt. Fuit homo missus a Deo, cui nomen erat Joánnes. Hic venit in testimónium, ut testimónium perhibéret de lúmine, ut omnes créderent per illum. Non erat ille lux, sed ut testimónium perhibéret de lúmine. Erat lux vera, quæ illúminat omnem hóminem veniéntem in hunc mundum. In mundo erat, et mundus eum non cognóvit. In própria venit, et sui eum non recepérunt. Quotquot autem recepérunt eum, dedit eis potestátem filios Dei fieri, his qui credunt in nómine ejus: qui non ex sanguínibus, neque ex voluntáte carnis, neque ex voluntáte viri, sed ex Deo nati sunt. (Genuflect) ET VERBUM CARO FACTUM EST et habitávit in nobis: et vídimus glóriam ejus, glóriam quasi Unigéniti a Patre, plenum grátiae et veritátis.	AT THE LEFT SIDE OF THE ALTAR (Stand) P: The Lord be with you. S: And with your spirit. P: The beginning of the holy Gospel according to John. S: Glory be to Thee, O Lord. P: In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him: and without Him was made nothing that was made. In Him was life, and the life was the light of men. And the light shineth in darkness, and the darkness did not comprehend it. There was a man sent from God, whose name was John. This man came for a witness, to give testimony of the light, that all men might believe through him. He was not that light, but was to give testimony of the light. That was the true light, which enlighteneth every man that cometh into this world. He was in the world, and the world was made by Him, and the world knew Him not. He came unto His own, and His own received Him not. But as many as received Him, He gave them power to be made the sons of God, to them that believe in His name. Who are born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. (Genuflect) AND THE WORD WAS MADE FLESH, and dwelt among us, (and we saw His glory, the glory as it were of the only begotten of the Father,) full of grace and truth. S: Thanks be to God.
S: Deo grátias. Leonine Prayers (optional after Low Mass)	